Rhode Island - Path to Success

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March 10, 2017
RI Path to Success?

what people think it looks like

what it really looks like
Accidental Drug Overdose Deaths in Rhode Island

This graph displays the cumulative number of accidental overdose deaths for 2015 and 2016 broken down by month. The most recent data (up to six months, but especially the most recent 2 months) are not complete and do not reflect the total number of deaths for those months. The projection based on 2015 trends extrapolates from June 2016 to the end of the calendar year using the 2015 month changes in overdose deaths.

Source: Center for the Office of the State Medical Examiners
The Four Stage Strategic Plan

www.preventoverdoseri.org
Four Strategic goals

1. **Prevention**: Safe Opioid Prescribing
2. **Rescue**: Access to naloxone
3. **Recovery**: Expand peer recovery services and support options to build recovery capital
4. **Treatment**: Increase access to Medication-Assisted Treatment (MAT)
#1 Prevention

Prescription Drug Monitoring Program (PDMP) Prescriber Profile

- Prescriber Name: Advanced Practice Registered Nurse
- DEA Number: APRN
- License Number: N/A

You are in the top 5% of prescribers of opioids in Rhode Island.

November 2015 - May 2016

- Average number of opioid prescriptions per top 100 prescribers: 362
- You: 1,024

- 362 of your patients received an opioid prescription*
- 8 patient reports were run in the PDMP
- 0 of your patients received a controlled substance from 5 or more pharmacies and/or from 5 or more prescribers in 6 months.*

Check the PDMP! www.health.ri.gov/pdmp

Data Source: RI PDMP November 21, 2015 - May 21, 2016
*Does not include patients prescribed buprenorphine
#2 Rescue
#3. Recovery

ARE SOME PEOPLE

BEYOND HOPE

FOR RECOVERY?
“What is a Peer?”

“There’s three kinds of people,” explains Goyer. “Those who don’t even know that recovery exists, those who have relapsed and feel too guilty to try and those people who are on the fence — those are the people we hunt every day. Anchor Recovery is a bridge to treatment and a net — to catch people in between treatments.”
#4 Treatment

[Diagram showing treatment options for different levels of addiction severity: Methadone for Severe-Moderate Addiction Severity, Buprenorphine for Moderate-Mild Addiction Severity, and Naltrexone for Mild Addiction Severity and Special Populations (prior opioid withdrawal or detox required).]
Tools

We’re concerned about your next use and the serious danger for you.

1. What can you do right now, to not have that next high?
   (Example: I can delete toxic phone numbers from my phone right now, I can stay with a safe friend temporarily, or I can call someone to remove anything toxic that is still at my house, including alcohol)

2. Do you have a non-toxic place where you can sleep tonight?

3. Is there someone safe you can call for a ride and maybe even agree to stay with you?

4. Are you willing to consider methadone or buprenorphine to help your recovery? If “yes” where have you been in the past?

5. Do you need any help making or getting to your first appointment?

6. Will you be willing to let someone, who has traveled the road you’re on, just talk to you or maybe help get you into treatment?

Here’s how you can stay alive!!

- Never use alone
  - Call 911

- Notice changes in color and texture and go slow if it’s different
  - Make sure you and your friends carry naloxone kits
  - Do a tester shot. Don’t slam it - try 10-20 cc’s first.

Fentanyl kills quickly.
One Key Question

• Are you intending to have a child this year?
Goal: Reduce Opioid deaths by one third by 2018