42nd ANNUAL PROGRESS IN OB/GYN
THE BRUCE A. HARRIS SYMPOSIUM

A CME Event for Physicians and Nurses
Thursday and Friday, February 9-10, 2017
Hyatt Regency Birmingham – The Wynfrey Hotel
Riverchase Galleria, Birmingham, Alabama

Sponsored by
Department of Obstetrics and Gynecology and Division of Continuing Medical Education
PROGRESS IN OB/GYN 2017

I am very pleased to announce the 42nd Annual Bruce A. Harris Symposium: Progress in OB/GYN 2017 to be held February 9-10 at Hyatt Regency Birmingham – The Wynfrey Hotel in the Riverchase Galleria. This is a professional development opportunity sponsored by the Department of Obstetrics and Gynecology and the Division of Continuing Medical Education at the University of Alabama at Birmingham.

Progress in OB/GYN is named in honor of Bruce Alexander Harris, Jr., M.D. (1919-2013), who devoted his career and his life to improving women’s health in Alabama. Please see the Progress in OB/GYN website for a tribute to this wonderful man. The Professor is greatly missed by all.

This course, which was first held in 1975, has been a longstanding tradition for OB/GYN physicians and nurses. The meeting offers outstanding course faculty presenting sessions on the most recent advances in OB/GYN and the opportunity for networking and discussion. In addition to presentations there will also be a number of posters, detailing research in various topics of OB/GYN, which will be available to view throughout the day. For the optional luncheon sessions this year, we are offering the ever-popular “Stump the Professor” lunch (Thursday), the Nurses special topics lunch (Friday), and a **NEW Friday lunch session.** This new session will highlight current national research in OB/GYN, much of which is ongoing at UAB. Although the session will primarily target physicians, interested nurses or advanced practice providers are welcome to attend.

As always, we have taken many of your topic suggestions from the 2016 conference evaluations and tried to integrate those into the program. Additionally, we continue to offer Gynecology and Obstetrics topics on separate days so you have the option to register for either one or two days.

Since 2011 we have been a “paper-lite” meeting. This means that no printed course material will be provided at the meeting. You will receive an email notification when the syllabus is posted or either you may visit the Progress website (http://www.uab.edu/medicine/obgyn/progress-in-obgyn) in advance of the meeting to view and/or download any course material.

In addition to participating in the meeting, I do hope that you take the time to enjoy Birmingham, which is a diverse city that successfully balances history, culture and tradition with an eclectic mix of exciting activities.

Many thanks to the faculty and staff who help make this meeting possible each year. I look forward to seeing you at the Progress in OB/GYN 2017!

Alice R. Goepfert, M.D.
Course Chair
PROGRESS IN OB/GYN 2017

Course Administration

Alice R. Goepfert, MD, Course Chair
Professor, Maternal-Fetal Medicine
Director, UAB OB/GYN Residency Program
Director, OB/GYN Education Office

Julie B. Covarrubias, EdD, Administrative Director
Professor
Associate Director, OB/GYN Education Office

William W. Andrews, PhD, MD, Advisor
Professor and Chair
Maternal-Fetal Medicine
Charles E. Flowers, Jr., Endowed Chair of OB/GYN

John C. Hauth, MD, Advisor
Professor Emeritus
Maternal-Fetal Medicine

RN Course Directors

Donna Campbell Dunn, PhD, CNM, FNP-BC
Assistant Professor
Coordinator of the Dual Women’s Health Nurse Practitioner Specialty Track

Rangeley Smith, BSN, RN
Shift Leader, High Risk Obstetrics

Educational Objectives

Nurses

Upon completion of this course, the participant will be able to:
1. Identify advances in Ob/Gyn nursing and their relationship to quality patient care.
2. Integrate patient care goals in Ob/Gyn nursing practice.
3. Design appropriate patient care by incorporating updated knowledge in the management of the female patient.

Physicians

Upon completion of this course, the participant will be better able to:
1. Describe and discuss advances in practice of gynecologic oncology, reproductive endocrinology, gynecology, and obstetrics.
2. Identify current research in obstetrics and gynecology.
3. Design appropriate patient care by incorporating updated knowledge in the management of the female patient.

Accreditation Statement

Physicians

The University of Alabama School of Medicine designates this educational activity for a maximum of 14.25 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This total includes:
• 12.25 credits for registration and attendance at all lecture sessions (Thursday: 6.25 credits / Friday: 6.00 credits).
• 1.00 credit for registration/attendance at the Stump the Professor Lunch (Thursday).
• 1.00 credit for registration/attendance at the Physicians’ Research Lunch Session (Friday).

Nurses

Alabama Board of Nursing continuing education credit for this activity has been approved for a maximum of 18 continuing education credits and 3 pharmacology credits if attending both days and lunches. Please note that you will receive a maximum of 9.5 CEUs for Thursday (8.3 without lunch session) including 1.5 pharmacology credits and 8.5 CEUs for Friday (7.3 without lunch session), including 1.5 pharmacology credits.

UAB is an Equal Opportunity/Affirmative Action Institution.

Course Materials and On-site Registration

The electronic meeting syllabus for the meeting can be accessed here: http://www.uab.edu/medicine/obgyn/progress-in-obgyn. Please note that this will be a “paper-lite” meeting, and no printed materials will be provided onsite.

Course participants may register for the meeting on Wednesday evening, February 8th, between 3:00 and 5:00 pm, on Thursday, February 9th, from 7:00 am until 5:00 pm, and on Friday morning, February 10th, from 7:00 am until 8:00 am.
**Program Schedule**

*Thursday, February 9, 2017*

**Morning Combined Session (GYN)**

*Moderator: J. Michael Straughn, Jr., MD*

- **7:00-7:50 am** Registration, continental breakfast, coffee
- **7:50-8:00 am** Welcome/Opening Remarks
- **8:00-8:30 am** An Introduction to Value-Based Healthcare
  - **(8:30-8:35 Q&A)** David L. Randall, MBA
- **8:35-9:05 am** Lay Navigators in Cancer Care
  - **(9:05-9:10 Q&A)** Edward E. Partridge, MD
- **9:10-9:40 am** Late Breaking Issues in Reproduction and Fertility
  - **(9:40-9:45 Q&A)** Deidre D. Gunn, MD
- **9:45-10:15 am** BREAK/EXHIBITS & POSTER SESSION
- **10:15-10:45 am** Painful Bladder Syndrome: Evaluation & Management
  - **(10:45-10:50 Q&A)** Isuzu Meyer, MD
- **10:50-11:20 am** You Can Choose Your Friends but not Your Kinfolks: Hereditary Cancers in Women
  - **(11:20-11:25 Q&A)** Larry C. Kilgore, MD
- **11:25-11:55 am** Abnormal Uterine Bleeding: An Update on Management
  - **(11:55-12:00 Q&A)** Todd R. Jenkins, MD
- **12:00-1:15 pm** Optional Lunch Session: “Stump the Professor”
  *Moderator: Charles A. “Trey” Leath, III, MD, MSPH*
  *Panel: Richard E. Blackwell, PhD, MD, Joseph R. Biggio, Jr., MD, Larry C. Kilgore, MD*

**Afternoon Session**

*Physicians*

*Moderator: Holly E. Richter, PhD, MD*

- **1:15-1:45 pm** Evaluation & Management of Pelvic Organ Prolapse
  - **(1:45-1:50 Q&A)** Alicia C. Ballard, MD
- **1:50-2:20 pm** Enhanced Recovery after Surgery (ERAS)
  - **(2:20-2:25 Q&A)** Jeffrey W. Simmons, MD
- **2:25-2:55 pm** BREAK/EXHIBITS & POSTER SESSION
- **2:55-3:25 pm** Laparoscopic/Robotic Surgery: Avoiding Complications
  - **(3:25-3:30 Q&A)** Warner K. Huh, MD
- **3:30-4:00 pm** Pre-Pregnancy Tune-Up: Predicting Success and Avoiding Liability
  - **(4:00-4:05 Q&A)** G. Wright Bates, MD
- **4:05-4:35 pm** Utilizing Pelvic Ultrasonography to Aid in the Diagnosis of Challenging Gynecologic Conditions
  - **(4:35-4:40 Q&A)** Mamie R. McLean, MD

*Nurses*

*Moderator: Amy D. Leath, RN*

- **1:15-1:45 pm** Ovarian Cancer Screening and Survivorship
  - **(1:45-1:50 Q&A)** Panel: Charles A. “Trey” Leath, III, MD, MSPH, Ann B. George CRNP, Malisa Hester, survivor
- **1:50-2:20 pm** Why Transgender Healthcare?
  - **(2:20-2:25 Q&A)** Patricia A. Detzel, MSN, CNM
- **2:25-2:55 pm** BREAK/EXHIBITS & POSTER SESSION
- **2:55-3:25 pm** Contraception Conundrums: Choosing the Right Method for the Right Patient
  - **(3:25-3:30 Q&A)** Tera F. Howard, MD, MPH, Bethany M. Tidwell, MSN, CRNP
- **3:30-4:00 pm** Using Evidence Based Guidelines: Managing Hypothyroidism in Women
  - **(4:00-4:05 Q&A)** Carla C. Turner, DNP, ACNP
- **4:05-4:35 pm** Could I Have Osteoporosis? Case Studies in Osteoporosis
  - **(4:35-4:40 Q&A)** Dale Tomlinson, DNP, ANP-BC, CCD
Program Schedule  
Friday, February 10, 2017 

Morning Combined Session (OB)  
Moderator: Cynthia G. Brumfield, MD

7:00-7:50 am  Coffee/Exhibits
7:50-8:00 am  Announcements/Welcome
8:00-8:30 am  Zika Virus: “What Do I Do? How Do I Counsel?”  
(8:30-8:35 Q & A)  William W. Andrews, PhD, MD
8:35-9:05 am  Substance Use & Abuse in Pregnancy: The Elephant in the Exam Room  
(9:05-9:10 Q & A)  Jeanne S. Sheffield, MD
9:10-9:40 am  Obesity & Weight Management  
(9:40-9:45 Q & A)  Taraneh Solymani, MD
9:45-10:15 am  BREAK/EXHIBITS & POSTER SESSION
10:15-10:45 am  Aneuploidy Screening for the 21st Century  
(10:45-10:50 Q & A)  Joseph R. Biggio, Jr., MD
10:50-11:20 am  Dermatoses in Pregnancy  
(11:20-11:25 Q & A)  Kelly Hoskins Tyler, MD
11:25-12:05 pm  Advanced Reproductive Aging: Pregnancy Risks & Management Strategies  
(12:05-12:10 Q & A)  Point/Counterpoint: Amelia L. Sutton, PhD, MD and Janet M. Bouknight, MD
12:10-1:30 pm  Physicians’ Research Lunch Session: Obstetrics & Gynecology on the Cutting Edge: Ongoing and Future Research at UAB  
Panel: UAB Ob/Gyn Research Faculty

Afternoon Session  
Physicians  
Moderator: John Owen, MD

1:30-2:00 pm  Evidence-Based Cesarean Techniques to Reduce Infectious Morbidity  
(2:00-2:05 Q & A)  Alan T. N. Tita, MD, PhD
2:05-2:35 pm  An Update on Thromboprophylaxis in Obstetrics  
(2:35-2:40 Q & A)  Luisa A. Wetta, MD
2:40-3:10 pm  Tips for Optimal Management of Risk in Obstetrical Care  
(3:10-3:15 Q & A)  Richard O. Davis, MD
3:15-3:50 pm  OB Case Studies  
Moderator: Akila Subramanian, MD  
Panel: Sheri M. Jenkins, MD, Joseph R. Biggio Jr., MD, Lorie M. Harper, MD
4:00 pm  Closing

Nurses  
Moderator: Amy D. Leath, RN

12:10-1:30 pm  Nurses Lunch Session
1:30-2:00 pm  Illicit Drug Use during Pregnancy: Implications for Mother and Child  
(2:00-2:05 Q & A)  Panel: Sandra L. Frazier, MD, Cheryl B. Robinson, DNS, NNP, Pat F. Tarver, MSW
2:05-2:35 pm  Don’t hold your breath! Open glottis pushing during Labor  
(2:35-2:40 Q & A)  Sheila M. Lopez, MSN, CNM
2:40-3:10 pm  HIV & Pregnancy  
(3:10-3:15 Q & A)  Jodie A. Dionne-Odom, MD, Mickey W. Parks, MSN, FNP
3:15-3:50 pm  Baby Friendly: Where Are We Now?  
(3:50-4:00 Q & A)  Elicia C. Jacob, DNP, RN, PHCNS-BC
4:00 pm  Closing
Guest Speakers

Larry C. Kilgore, MD (Class of 1984)
Professor and Chairman
Department of Obstetrics and Gynecology
Director, Division of University Gynecologic Oncology
University of Tennessee Medical Center Cancer Institute
Knoxville, TN

Jeanne S. Sheffield, MD (Class of 1997)
Professor, Department of Obstetrics and Gynecology
Director, Division of Maternal-Fetal Medicine
Johns Hopkins Hospital
Baltimore, MD

Kelly Hoskins Tyler, MD (Class of 2007)
Practitioner Ohio Women’s Health Partners
Chief Resident, Ohio State University, Division of Dermatology
Columbus, OH

RN Program
Patricia A. Detzel, MSN, CNM
Assistant Professor
Clinical Obstetrics and Gynecology
Vanderbilt University, School of Medicine
Nashville, TN

UAB Speakers*

William W. Andrews, PhD, MD
Professor and Chair
Maternal-Fetal Medicine

Charles E. Flowers, Jr., Endowed Chair of Obstetrics and Gynecology

Alicia C. Ballard, MD
Assistant Professor
Urogynecology and Pelvic Reconstructive Surgery

G. Wright Bates, MD
Professor
Director, Reproductive Endocrinology & Infertility (REI)
Director, REI Fellowship

Joseph R. Biggio, Jr., MD
Professor
Director, Maternal-Fetal Medicine
Vice-Chair, Quality and Research
Associate Chief Medical Officer, Women & Infants Services
Director, MFM Fellowship

Richard E. Blackwell, PhD, MD
Professor
Reproductive Endocrinology and Infertility

Janet McLaren Bouknight, MD
Associate Professor
Reproductive Endocrinology & Infertility

Cynthia G. Brumfield, MD
Professor
Maternal-Fetal Medicine

Richard O. Davis, MD (Class of 1977)
Professor
Maternal-Fetal Medicine

Jodie A. Dionne-Odom, MD
Assistant Professor
Infectious Diseases

Sandra L. Frazier, MD
Professor
Medical Director, Assistant Dean of Professional Development

Ann B. George, CRNP
Nurse Practitioner
Gyn Oncology

Deidre D. Gunn, MD
Instructor
Reproductive Endocrinology & Infertility

Lorie M. Harper, MD
Associate Professor
Associate Director, MFM Fellowship

Malisa W. Hester
Sonographer / Ovarian Cancer Survivor
Maternal-Fetal Medicine

Tera F. Howard, MD, MPH
Assistant Professor
Women’s Reproductive Healthcare

Warner K. Huh, MD
Professor
Director, Gyn Oncology

Elicia C. Jacob, DNP, RN, PHCNS-BC
Director of Nursing
Women & Infants Services

Sheri M. Jenkins, MD
Associate Professor
Maternal-Fetal Medicine

Todd R. Jenkins, MD
Professor
Director, Women’s Reproductive Healthcare

Amy D. Leath, RN
Research Nurse
Maternal-Fetal Medicine

Charles A. “Trey” Leath, III, MD, MSPH
Professor
Gyn Oncology

Sheila M. Lopez, MSN, CNM
Certified Nurse-Midwife
Women & Infants Services
Simon-Williamson Clinic, Princeton Hospital

Mamie R. McLean, MD
Assistant Professor
Reproductive Endocrinology & Infertility

Isuzu Meyer, MD
Assistant Professor
Urogynecology and Pelvic Reconstructive Surgery

John Owen, MD
Professor
Maternal-Fetal Medicine

Mickey W. Parks, MSN, FNP
Nurse Practitioner
Maternal-Fetal Medicine

Edward E. Partridge, MD (Class of 1977)
Professor
Evalina B. Spencer Chair in Oncology
Director, UAB Comprehensive Cancer Center
Co-Director, Minority Health & Health Disparities Research Center

David L. Randall, MBA
Senior Vice President, Strategic Planning and Business Development
Office of the Chief Executive Officer (UAB Health System)

Holly E. Richter, PhD, MD
Professor of Ob/Gyn, Surgery/Urology & Geriatrics
Director, Division of Urogynecology and Pelvic Reconstructive Surgery

Cheryl B. Robinson, DNS, NNP
Associate Professor
School of Nursing

Jeffrey W. Simmons, MD
Associate Professor
UAB Department of Anesthesiology and Perioperative Medicine
Trauma and Acute Care
Medical Director, UAB Preoperative Assessment, Consultation, and Treatment Clinics
Medical Director, UAB Peri-Anesthesia Care Units
**Course Information/Registration**

**Course Location:** Hyatt Regency – The Wynfrey Hotel, Riverchase Galleria, Birmingham, Alabama

**Hotel Accommodations:** A block of rooms has been reserved for this meeting. **Reservations MUST BE MADE NO LATER THAN Monday, January 18, 2017** by directly calling the hotel at 1-800-233-1234 or online at: [https://resweb.passkey.com/go/UABDeptofOBGYNFeb2017](https://resweb.passkey.com/go/UABDeptofOBGYNFeb2017)

Guestroom rates for this meeting are $159 single/double (plus applicable state / local taxes). An additional charge will be assessed on all occupied rooms that exceed double occupancy. Please mention the UAB Progress in Ob/Gyn conference when scheduling to receive the conference discount.

**Parking:** Available at the hotel for a fee. Complimentary parking is also available at the Riverchase Galleria (outside of the hotel property).

**Meeting Registration:** All registrations must be completed using the online system: [http://www.uab.edu/medicine/obgyn/progress-in-obgyn](http://www.uab.edu/medicine/obgyn/progress-in-obgyn). There are no hardcopy registration forms available.

Early registration ends January 6, 2017. Late or onsite registration costs an additional $30.

**Payment Methods:** Both credit card and check payments are accepted. CHECK payments must be received by January 6, 2017. If not received by that date, you will be required to pay the late fee onsite to complete your registration. So, please, mail your checks early!

**Registration Confirmation:** An automated registration confirmation will be sent to the email address provided. For those paying with a check, once your check is received then a payment confirmation will be sent to the email provided.

**Cancellation:** There will be a $50 cancellation fee if the request is received prior to Friday, January 27, 2017, after which time there are no refunds.

### FEE SCHEDULE

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<th>1-Day (thru Jan 6)</th>
<th>2-Days (thru Jan 6)</th>
<th>Thur (Stump Lunch)</th>
<th>Friday (RN Lunch)</th>
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Mail check payment to: UAB Department of Ob/Gyn, Building 176F, Rm 5329, 619 19th Street South, Birmingham, AL 35249-7333.

We are pleased to assist participants with special needs. Requests should be made in writing at least one month prior to the program.

**Registration Questions:** For all registration related questions, please contact Christy Willis: cjwillis@uabmc.edu, (205) 975-0721.
A CME event for physicians
and nurses

February 9-10, 2017

Hyatt Regency Birmingham –
The Wynfrey Hotel
Riverchase Galleria
Birmingham, Alabama

Register online at http://www.uab.edu/medicine/obgyn/progress-in-obgyn
For further information, please call (205) 934-5631