The Office of Women’s Health Steering Committee held its regular meeting at The RSA Tower, Training Room 980 at the Alabama Department of Public Health in Montgomery, Alabama. The following were in attendance:

**Attendance:**

Nancy Bishop  Jane Robertson  Elana Parker  
Kimberly Braxton-Lloyd  Thomas W. Robinson  Izza Afgan  
Margaret Findlay  Linda Roussel  Gwendolyn Lipscomb  
Juaquala Madkin  India Sachitano  Debra Hodges  
Linda Mays  Elizabeth Taylor  Frances Kennamer  
Carol Kelley Nesbitt  Marty Turnage  Jessica Hardy  
Teri Walker  Sue Turner  Dechelle Merritt  
Kathleen Obringer  Vvian Le

Sign in sheet is attached.

**Welcome/Call To Order**

Kimberly Braxton Lloyd, Chairman, Office of Women’s Health Steering Committee, greeted everyone and welcomed the new members and brief introductions were made. Dr. Braxton Lloyd announced that Frances Kennamer, Director of the Bureau of Professional and Support Services expressed her appreciation for their support of the Office of Women’s Health and that she would be joining the meeting later.

**Minutes Review & Approval:**

Kimberly Braxton Lloyd, Chairman, Office of Women’s Health Steering Committee, led the committee in a discussion of the June 13 minutes. Dr. Braxton-Lloyd stated that the minutes would be posted on the web. A motion was made to approve the minutes.

**OWH Activities**

Jessica Hardy, Director, Office of Women’s, announced that the plans are underway for the 5k Run/Walk in efforts increase the awareness and visibility of the OWH. She also announced that Nan Priest, CEO of St. Vincent’s Hospital and member of the OWH steering committee has offered two locations for the 5K run/walk in addition to sponsorship of the event if the committee decides to select St. Vincent’s as the location.

Juaquala Madkin, Office of Women’s Health Steering Committee, led the committee in the discussion about the plans of the 5 K Run/Walk. She provided a handout to the committee outlining her work on the 5k Run/Walk plans. Ms. Madkin announced the 5K Run/Walk will be held in early May and she has been working with Nan Priest to secure the location at St. Vincent’s Hospital in Birmingham, AL to host the event. Ms. Madkin also indicated that she checked with Regency Park but there was a cost involved. The 119 location or the downtown locations are the two sites that the committee can choose from. Jessica suggested the committee choose the location that would provide the most exposure. Ms. Madkin stated that she is working to develop a sponsorship packet that would list sponsorship, booth space, and T-shirt information. Dr. Braxton Lloyd agreed to draft a letter for the sponsorship packets. Marty Turnage suggested contacting the Mayor for support due to Birmingham being listed as one of the unhealthiest cities and suggestions were made about providing participants with certificate of appreciation signed by the Governor or State health Officer or medals. Cheerleading squads were suggested for the run to encourage runners and walker along the trail and could represent the younger demographics involved. Beth Taylor provided a handout with t-shirt information and Marty Turnage displayed a t-shirt and a sample application that she received from a previous race and Ms. Turnage stressed the importance of having adequate water for the event. Ms. Madkin stated that a conference call will be scheduled to continue the plans of the 5 K Run/Walk. The committee decided on the name of the event as “Healthy Women’s 5 K Run/Walk on the Move to Improve Women’s Health 2009”
**Linda Mays, ABC News 33/40,** announced the development of the OWH Car Tag public service announcement with thanks to Don Ward ABC 3340 who has been very supportive of women’s health and who was instrumental in the development of the PSA. The PSA included a diverse group of women and runs for 30 and 15 seconds and began airing on ?????. Committee members were provided with copies of the PSA on DVD. Suggestions were made to promote the PSA at public malls and doctor’s office. Ms. Mays stated that the PSA provides a human element and someone the women can identify with.

**Dr. Kimberly Braxton Lloyd,** announced Dr. Allen’s suggestion of having a Nursing Update to help increase the visibility of the OWH Car Tag. A copy of the announcement was provided to the committee members for review and the committee was asked to make comments or suggestions about possible changes. A suggestion was made about including the CEU grantors name and the amount of CEU’s that would be awarded. The Nursing Update is scheduled for November 22 from 8:00 to 4:30 and 7.5 CEU’s will be provided and participants will be allowed to register early. Topics presented will include legal issues, female sexual dysfunction, medication updates, women with disabilities and osteoporosis. Jessica indicated that she would be attending the Alabama State Nurses Association (ASNA) meeting on October 18 and she plans to distribute the Nursing Update cards then. Dr. Braxton Lloyd also discussed distributing the nursing update cards at upcoming health fairs.

**Debra Hodges, Director, ADPH Research Unit,** presented the draft form of the OWH publication. She discussed putting the publication in the format of a table tent for individuals that don’t have access to a Power Point. Dr. Hodges asked for individuals to contribute topic information based on their areas of expertise. Jill Plum agreed to provide information on heart disease, Jessica suggested mental health issues be included and the table of contents and a suggestion was made to include the leading causes of death for women. Dr. Hodges stated that the introduction was complete and the next step is 2009 as the target publication year.

**Dr. Braxton Lloyd,** displayed the Health Challenge initiative as an example and discussed the possibility of putting the New Leaf training program on a classroom course on the web using blackboard. Educational seminars for participants to view lectures on line would be available and blogs could be included. The logistics would have to be worked out because ADPH does not support blackboard. This would be a continuous program and would reduce cost for the New Leaf training. The committee will continue to discuss this possibility.

**Dr. Kimberly Braxton Lloyd,** announced the end of the year meeting on December 12. A mid conference call will be scheduled and contact information will be circulated to the members. Dr. Braxton Lloyd and Jessica Hardy thanked everyone for attending and the meeting was adjourned.

**Next Meeting:**
**December 12, 2008**

Minutes Submitted by Dechelle Merritt
OWH Administrative Assistant

Kimberly Braxton Lloyd
Committee Chair