The Smile Savers are your friends and heroes in the bad breath battle. Brush Boy and his canine sidekick, the Toothbrush Terrier, fight cavities, bad breath, and plaque by brushing twice a day for at least two minutes. The Fantastic Flosser finds those bits of food and plaque between your teeth that brushing misses. She has an endless supply of dental floss and always flosses between each pair of teeth.

The Plaque Punisher fights plaque by choosing food and snacks that are healthy and low in sugar. Plaque uses sugar to create acid that eats away at the enamel of your teeth, causing tooth decay.

For a healthy mouth and teeth that will last you a lifetime, join the Smile Savers as they battle plaque, cavities, and bad breath.
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"Brush Boy knows that brushing teeth twice a day is the first step to protecting your teeth from harmful plaque."
Help the Smile Savers win the battle against bad breath by brushing twice a day and flossing once a day!
Help the Smile Savers win the battle against bad breath by brushing twice a day and flossing once a day!
“Help the Toothpaste Terrier complete these facts about maintaining healthy teeth and gums.”

**ACROSS**

1) Sugar reacts with plaque to create _____.
5) The part of your tooth above the gums is called the _____.
8) Your toothbrush should be made of _____ bristles.
9) Certain _____ live in plaque on our teeth.
11) Happiness is a _____ mouth.
12) Good teeth help you to have a pretty _____.
13) The first set of teeth are called _____ teeth.
15) Back teeth are called _____.
16) This is a sticky mass of harmful bacteria found on tooth surfaces.
19) _____ drinks and snacks are best for my teeth.
20) An unclean mouth causes bad _____.
25) At a dentists office a dental _____ may clean your teeth.

**DOWN**

2) We need teeth to _____ our food.
3) This machine takes pictures of your teeth.
4) This instrument cleans only 60 percent of the tooth surfaces.
5) A hole in a tooth.
6) _____ the right foods to keep your mouth healthy.
7) The part of your tooth normally beneath your gums is the _____.
10) The second set of teeth are called _____.
12) Avoid snacks with a lot of _____ to help maintain a healthy smile.
14) Wear this to protect your teeth while playing sports.
16) Drinking milk will make your teeth _____.
17) You should visit this person twice per year.
21) I should brush my teeth _____ per day.
22) Plaque is also responsible for this type of disease.
23) A _____ bar contains seven teaspoons of sugar.
24) This natural substance helps harden teeth and protect them from decay and cavities.
26) A dentist applies this to the grooves of your back teeth to prevent decay.
31) You grow _____ sets of teeth in a lifetime.

28) Fluoride is a _____ and is found naturally in rocks, soil, water and other sources.
30) _____ are a healthy snack. (squirrels eat them)
32) The cuspsides located at the corners of the mouth are used to _____ food.
33) For good home care of teeth, use a Fluoride _____.
34) Removes plaque and debris from between the teeth.
35) Only _____ can properly take care of your mouth.
36) Taking care of your teeth will make them last a _____.
37) Acid acts on the tooth enamel and leads to tooth _____.
38) The strong outer covering of the crown of the tooth.
39) A sign of gum infection is _____.
Help the Toothpaste Terrier complete these facts about maintaining healthy teeth and gums.

32) The cuspids located at the corners of the mouth are used to ____ food.

Only ___ can properly take care of your mouth.

"Help the Plaque Punisher learn about snacks that will keep his/her mouth and teeth healthy. Cross through unhealthy snacks with a line and circle healthy snacks. You can also circle or mark through words that describe healthy and unhealthy snacks."

APPLE
BREATHE MINT
CELERY
CUPCAKE
ICE CREAM
ORANGES
SOFT DRINK
SWEET TEA
CARROT
NUTS
SEEDS
VEGETABLE
BANANA
CANDY BAR
CHEWING GUM
GRAPE
LOW FAT MILK
NUTRITIOUS
POPCORN
SUGAR FREE
ACROSS:

DOWN:

Recommended For 5th grade and up.