

# Minority Health

## E V E N T S

OCTOBER - DECEMBER 2010

A Quarterly Publication of the  
Alabama Department of Public Health



**Improving *minority health* improves *Alabama's health***



# Calendar of Events



ADPH Cultural Sensitivity Summer Series (#3 of 3) Training: Addressing Social and Health Disparities in the American Indian, Asian, and Hispanic/Latino Communities  
Panelists pictured, left to right: Ben Moreira, Alabama Indian Affairs Commission; Carlos Torres-Sanchez, International Program Manager, Jefferson County Health Department; Dr. Andrea Cherrington, Assistant Professor, UAB Preventive Medicine; and Julia Sosa, Assistant Director, State Office of Minority Health.

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of the Alabama Department  
of Public Health's Office  
of Minority Health

*"Every worthwhile accomplishment, big or little, has its stages of drudgery and triumph: a beginning, a struggle, and a victory."*

Mahatma Gandhi

## OCTOBER EVENTS

### Step Out: Walk to Fight Diabetes



**Step Out: Walk to Fight Diabetes** is the fundraising

walk of the American Diabetes Association (ADA) in which participants, motivated by their drive to defeat diabetes, raise money for research, advocacy, and programs by asking friends, family, and coworkers for donations. All funds raised from the events are used in direct support of the Association's mission to prevent and cure diabetes and to improve the lives of all people affected by diabetes.

Send donations by mail to: American Diabetes Association, Attn: Step Out, 3918 Montclair Road - Suite 218, Birmingham, AL 35213.

To attend the StepOut *Walk to Fight Diabetes* in Alabama, call 1-888-DIABETES, or visit: [www.diabetes.org/stepout](http://www.diabetes.org/stepout). Walks are being held in five Alabama locations:

- **Birmingham** (10/02) – Samford University, 800 Lakeshore Drive, Birmingham, AL 35209. Registration

opens: 7:30 am; and event start time: 9:00 am. Contact: Annah Grace Morgan at 205-870-5172, x 3071, or email [amorgan@diabetes.org](mailto:amorgan@diabetes.org).

- **Tuscaloosa** (10/9) – Bama Belle Park, 1 Greensboro Ave, Tuscaloosa, AL 35401. Registration opens: 8:00 am; and event start time: 9:00 am. Contact: Annah Grace Morgan at 205-870-5172, x 3071, or email [amorgan@diabetes.org](mailto:amorgan@diabetes.org).
- **Mobile** (10/23) – Bienville Square, Dauphin Street, Mobile, AL, 36602. Registration opens: 8:00 am; and event start time: 9:00 am. Contact: L. Cranford, 888-342-2383, or by email to: [lcranford@diabetes.org](mailto:lcranford@diabetes.org).
- **Huntsville** (10/30) – Huntsville Botanical Gardens, Registration opens: 8:00 am, and event start time: 10:00 am. Contact Daniel Hurst, [dhurst@diabetes.org](mailto:dhurst@diabetes.org), or at: 205.870.5172, x. 3048.
- **Montgomery** (11/6) – Alabama Shakespeare Festival, 1 Festival Drive, Montgomery, AL 36117. Registration opens: 8:00 am; and event start time: 9:00 am. Contact: Annah Grace Morgan at 205-870-5172, x 3071, or email [amorgan@diabetes.org](mailto:amorgan@diabetes.org).

### Alabama Community Leadership Network Annual Conference

The Alabama Community Leadership Network Annual Conference is Oct 6-7, at the Renaissance Montgomery Hotel & Spa at the Convention Center, 201 Tallapoosa Street, in Montgomery, AL. Topics to be discussed are: obesity in Alabama, economic and environmental impact of the Gulf oil spill, the pros, cons and costs of gaming in Alabama, and many others. Keynote speakers include Wayne Flynt and the Alabama gubernatorial candidates. Register online at [www.acln.info/conference.htm](http://www.acln.info/conference.htm). Make checks payable to Economic and Community Development Institute (ECDI) and mail to: 213 Extension Hall, Auburn, AL 36849. For additional information, contact Ann Woodsmall, 334-844-5332, or by email, [woodsma@auburn.edu](mailto:woodsma@auburn.edu).

### Healthy Woman Expo

The Third Annual Healthy Woman Expo, by Medical Center Enterprise Resource, will be held on Oct 7, from 3:00-6:00 pm. A banquet, featuring a national speaker follows, from 6:30-8:30 pm. The Expo is free, and the cost for attending the banquet is \$15.00/members; \$30.00/non-members (membership is free). Contact Medical

Center Enterprise, 334-347-0584, or see the website, [www.mcehospital.com](http://www.mcehospital.com), for information.

### Moundville Native American Festival

From October 6-9, The Moundville 22nd Annual Native American Festival will celebrate the arts, culture, life and customs of Southeastern Indians, past and present. The Moundville Native American Festival offers full ranges of fine arts, crafts and souvenirs for sale, as well as Native American foods and regular concessions. Group discounts are available. The Moundville Archaeological Park location is: 634 Mound Pkwy, Moundville, AL 35474. The park is located 13 miles south of Exit 71A on I-20/59 in Tuscaloosa, Alabama off of State Highway 69. Moundville Archaeological Park is a division of University of Alabama Museums. For more information call: 205-371-2234, or 205-371-2572; and by fax to: 205-371-4180; or visit the website at: <http://moundville.ua.edu>.

### Komen North Central Alabama Race for the Cure®



October 9 – the Komen Race for the Cure will be held

at Linn Park in Birmingham, AL. For more information on the start time and online registration, visit the website at: [www.birminghamracefortheure.kintera.org/](http://www.birminghamracefortheure.kintera.org/), call Ellen Zahariadis at: 205-930-8886; or send an email to: [bhamrftc@gmail.com](mailto:bhamrftc@gmail.com).

### A Nite on the Green and the Tuscaloosa Toyota DCH Foundation Golf Classic

On Monday, October 11, 6:00 pm, Indian Hills Country Club is the setting for *A Nite on the Green* event (and the *7th Annual Tuscaloosa Toyota DCH Foundation Golf Classic*). These initiatives help DCH Foundation raise money by the creation of the Breast Cancer Fund, thus expanding its' commitment of health care to the West Alabama citizens. The Fund purpose is to promote awareness and to provide educational programs on prevention and early detection, along with financial assistance to any person in need.

## TOBACCO PREVENTION COORDINATORS ENCOURAGE INMATES TO "QUIT NOW"

Elana M. Parker, PH Liaison to ADOC - ADPH Office of Minority Health



From back to front: Tina Findley, RN-PHA9, Demetra Peoples, LBSW-PHA8, Tammie Burnette, BS-PHA 5, Fayettea Royal, MA-PHA 3, Joy Rhodes-Watkins, LBSW-PHA 2, (not pictured: Charline Whyte, BS-PHA4).

The Alabama Department of Public Health Tobacco Prevention Coordinators provide information to inmates of the Alabama Department of Corrections on the dangers of smoking and use of other tobacco-related products. Smoking is considered to be a primary behavioral risk factor that contributes to health disparities in Alabama. Specifically, smokers have increased risk factors for being diagnosed with diabetes and cardiovascular disease.

Several Tobacco Prevention Coordinators have provided "Quit Now" presentations to inmates at the following correctional facilities: Bibb, Donaldson, Draper, St. Clair, Limestone, Birmingham Work Release, J.O. Davis, Fountain, Holman, Tutwiler, Montgomery Women's Facility and Kilby Prison.

Kudos to Fayettea Royal, Tobacco Prevention Coordinator of Public Health Area 3, for an abstract, *Promising Practices: Achieving Health and Social Equity in Tobacco Control*, which was submitted and accepted at a New Orleans, Louisiana conference, held in April. The abstract emphasized access issues to tobacco prevention services, community education and smoking cessation for the low socioeconomic and incarcerated populations. The presentation also highlighted the program, which was offered to Bibb County Correctional Facility inmates. For more information on tobacco prevention initiatives, contact Julie Hare, Quitline Coordinator, Tobacco Prevention and Control Branch at 334-206-3830, or send an email to [julie.hare@adph.state.al.us](mailto:julie.hare@adph.state.al.us).

The *7th Annual Tuscaloosa Toyota DCH Foundation Golf Classic* will be held October 13, to benefit the DCH Breast Cancer Fund. The sponsor is DCH Foundation. The cost for adults: \$40 per person, and \$75 for couples. Contact: Casey Johnson by email: [cjohnson2@dchsystem.com](mailto:cjohnson2@dchsystem.com), or by phone: 205-343-8382.

### Women's Health Update



The Office of Women's Health Advisory Committee will hold the third annual Women's Health Update on Saturday, October 16, from 8:00 am-4:00 pm, at St. Vincent's Health System, Bruno Conference Center at 810 Saint Vincent's Drive in Birmingham, Alabama. Registration is \$75. Nurses, Pharmacists, Social Workers and Dieticians will receive continuing education credit for attending. For additional information, visit [www.adph.org/owh](http://www.adph.org/owh), and click on the left navigation section, "Women's Health Update," or call the Office of Women's Health, 334-206-5226.

## TOBACCO FACTS & TIDBITS

*Did you know?*

- **Tobacco use is the single most preventable cause of disease, disability and death in the United States.**
- **Smoking kills more people than alcohol, AIDS, car accidents, illegal drugs, murders and suicides COMBINED, with thousands more dying from spit tobacco use and other tobacco-related causes, such as fires caused by smoking.**

## **Festival Hispano “DIA DE LA RAZA”**

The Celebration of Hispanic people will be held on Oct 17, 1:00-6:00 pm at Heritage Park, 302 6th Ave. W., in Foley, AL 36535. Come and enjoy Hispanic food, music, culture and dance. For details, call: 251-970-2210.

## **East Central Alabama HIV Prevention Network Group**

Meetings are usually held on the 3rd Wednesday of each month at 10 am in the American Red Cross Building at 5015 Woods Crossing, Montgomery, Alabama 36106. Please contact Lani Thompson at 706-649-6468, or by email, [lani.thompson@adph.state.al.us](mailto:lani.thompson@adph.state.al.us), to confirm times and locations prior to attending.

### **Upcoming meeting dates:**

- **October 20**
- **December 8**

## **Alabama Health Disparities Satellite and Webcast**



The State Office of Minority Health is continuing

with professional development and community awareness in a series of Health Disparities in Minorities Satellite and Webcast programs. The 14th program will be held on Wednesday, October 20, from 11-12, and is titled, “Health Disparities, Health Equity and Health Reform.” For more information, contact Elana Parker at: 334-206-7980, by email to: [elana.parker@adph.state.al.us](mailto:elana.parker@adph.state.al.us), or to register online at the Alabama Public Health Training Network, see the website, [www.adph.org/alphtn](http://www.adph.org/alphtn).

## **2010 Samuelson Lecture**

The Carole W. Samuelson Endowed Lectureship in Public Health Practice will be held on Wednesday, October 20, from 12-1:00 pm, at University of Alabama at Birmingham, Hill University Center Alumni Auditorium, 1400 University Boulevard, Birmingham, AL (Parking available at Lot 15A; 13th Street and University Boulevard). Patrick Coughlin, Esq., will discuss his work in preventing cigarette advertising to youth. He helped end the Joe Camel ad campaign, a cartoon ad campaign that targeted children and secured a \$12.5-billion recovery for the cities and counties of California in the land-

mark 1998 state settlement with the tobacco companies. Information is available at: [www.soph.uab.edu/lectureseries/samuelson](http://www.soph.uab.edu/lectureseries/samuelson). For more information, contact staff by phone at: 205-934-7799; or send an email to: [supportsph@uab.edu](mailto:supportsph@uab.edu).

## **8th Annual Diabetes Prevention and Wellness Workshop**

Dothan Leisure Services will hold a basic diabetes education for nurses on Thursday, October 21, from 8:00 am-12:00 pm at the Dothan Civic Center – Room D, 126 South Saint Andrews St, in Dothan, AL. The cost is \$40.00 (4 CEU's), and class size is limited to 36. To register, call Dianne Oliver, 334-615-3700.

## **Alabama Possible Summit**

On October 25, from 9:30 am-3:30 pm, at the Hanna Center Hospitality Room, Samford University, 800 Lakeshore Drive, Birmingham, Alabama. The Alabama Possible summit will assemble youth and college pastors, as well as laypersons, interested in using missions work to address systemic poverty in Alabama. Those interested in attending should send an email to Will Thomas, [wthomas@alabamapoverity.org](mailto:wthomas@alabamapoverity.org). More information about the Alabama Poverty Project can be found at [www.alabamapossible.org](http://www.alabamapossible.org).

## **Annual Tuberculosis (TB) Update Training**

Tuberculosis training will be held on October 26-28, 8:30 am-4:30 pm, at a location TBD- to be determined, in Birmingham, AL. There are no charges or fees associated with this seminar. Participation in this seminar is limited, so download, complete, mail, or fax the registration form (<http://adph.org/TB/assets/AnnualUpdateReg.pdf>). Mailing address: Att: Halsey Rhodes, Division of TB Control, Mobile County Health Department, PO Box 2867, Mobile, AL 36652-2867. Contact by phone: 251-690-8914, send a registration by fax to: 251-690-8161; or send an email to: [h Rhodes@mobilecountyhealth.org](mailto:h Rhodes@mobilecountyhealth.org).

## **Cardiovascular Health Advisory Council (CVH) & Stroke System Operations Group (SSOG) Meetings**

Two meetings will be held on October 28, at the American Heart Association, 1449 Medical Park Drive South in Birmingham, AL 35213.

The CVH Advisory Council will hold its meeting from 9:00 am-12:00 pm, and the SSOG meeting will be held from 1:00-3:00 pm, concluding the CVH meeting. For more information, contact Cassandra Hawthorne, 334-206-2688, or by email, [cassandra.hawthorne@adph.state.al.us](mailto:cassandra.hawthorne@adph.state.al.us).

## **Alabama EMS Conference 2010**

The Office of EMS and Trauma, Center for Emergency Preparedness and the Alabama EMS for Children Program will host the Alabama EMS Conference 2010 from October 27-29. This conference of collaboration will focus on EMS, trauma, pediatrics, and emergency preparedness. The target audience includes EMS personnel, nurses, social workers, and EP Coordinators. The event location is: The Renaissance Montgomery Hotel & Spa at the Convention Center, 201 Tallapoosa Street in Montgomery, AL.

- **October 27-28, 8:00 am-5:00 pm**
- **October 29, 8:00 am-3:45 pm**

For additional information, contact Katherine Dixon Hert, by email: [Katherine.Hert@adph.state.al.us](mailto:Katherine.Hert@adph.state.al.us), or by phone: 334-206-7063. Visit the website at: [www.adph.org/ems](http://www.adph.org/ems), and click on the “Notices and Events” page.

## **Alabama Workforce Development Conference**

The Alabama Office of Workforce Development is hosting a State Workforce Development Conference from October 27-29, at Birmingham Jefferson Civic Center. This year's conference, sponsored by the Governor's Office of Workforce Development, will provide a forum for employers, workforce development practitioners, educators, and government representatives to engage in dialogue; share their successes, struggles and strengths; identify best practices; and create better synergy for future initiatives to address the issues facing today's workers, employers, policy-makers and career development practitioners. For registration and information, visit the website, [www.alabamaworkforceconference.com](http://www.alabamaworkforceconference.com).

## **City Annual Wellness Fair and Flu Shot Clinic**

The City of Huntsville will hold its' Annual Wellness Fair and Flu Shot Clinic on Thursday, October 28, at the Jaycee Community Building, 2180 Airport Road, in Huntsville,



Alabama. Contact Pamela Stephens, Employee Clinic and Resources Coordinator at 256-883-3660 or 256-883-3699, or by email to: [pamela.stephens@hsvcity.com](mailto:pamela.stephens@hsvcity.com).

### Annual Public Employees Safety Council of Alabama Conference

On October 28, The Deep South Center, a consortium of the University of Alabama at Birmingham, Auburn University, and the University of Alabama, will host the 11th Annual Public Employees Safety Council of Alabama (PESCA) Conference at the Clanton Conference Center, Alabama Power Company, 2030 7th Street South, Clanton, AL 35045. For more information on the conference or registration, call 205-280-4430 or visit the website, [http://www.soph.uab.edu/dsc/PESCA\\_Conference\\_2010](http://www.soph.uab.edu/dsc/PESCA_Conference_2010).

### Diabetes Children & Fall Family Weekend



Scheduled on October 29-31, Southeastern Diabetes Education Services (SDES) will

hold a fall program for children and youth living with diabetes at Camp Seale Harris. To find out more, contact Donna or Terry at 205-402-0415, send a registration by fax to: 205-402-0416, email to: [info@southeasterndiabetes.org](mailto:info@southeasterndiabetes.org), visit the website and for registration at: [www.southeasterndiabetes.org](http://www.southeasterndiabetes.org); or mail the completed registration form to: SDES, 500 Chase Park South, Suite 104, Hoover, AL 35244.

## NOVEMBER EVENTS

*(American Indian Heritage Month)*

### Miss Indian Alabama Competition

The Miss Indian Alabama Competition will be held on Nov 5, at 1:30 pm, in the State Capitol Auditorium, 600 Dexter Avenue (enter from the Union Street-Rear Entrance), in Montgomery, AL 36104. For further information on Miss Indian Alabama, or for any information regarding the American Indian population of Alabama or the state recognized tribes, contact the Alabama Indian Affairs Commission, 334-242-2831, by email to: [aiac@att.net](mailto:aiac@att.net), or visit the website, [www.aiac.alabama.gov](http://www.aiac.alabama.gov).

### Women's Health and Wellness Chocolate Festival & Expo and 5K Fun Run

Auburn University Women's Resource Center and the Women in Science and Engineering (WISE) Institute will kick off the Women's Health and Wellness Chocolate Festival and Expo, with a 5K Fun Run on Sunday, November 7, at 3:00 pm; and the Expo will be held on Wednesday, November 10, from 12:00 (noon)-3:00 pm, in the Auburn University Student Center. For details on donating (chocolate treats, and items for the silent auction) and involvement, contact Hamilton Manifold, Student Expo Coordinator, at [manifhj@auburn.edu](mailto:manifhj@auburn.edu); or Schaefer Bradford, [msb0009@auburn.edu](mailto:msb0009@auburn.edu).

### POW WOW

Cherokee Tribe of Northeast Alabama will hold its' POW WOW on Nov 12-14, at the V.F.W. Fairgrounds, 135 18th St. NE in Fort Payne, Alabama. For event updates, visit the Alabama Indian Affairs Commission website at: [www.aiac.alabama.gov](http://www.aiac.alabama.gov).

### American Indian History Month Festival

American Indian History Month Festival 2010 will be held on Nov 20, at the Dothan Civic Center, 126 North Saint Andrews Street, Dothan, AL 36301. Doors open at 4:30 P.M. Activities include: gourd dancing, grand entry in traditional dress, traditional powwow dancing, stomp dance, host northern drum & host southern drum, guest southern drum, flute music, living history exhibits by recognized tribes, storytelling and luck of the draw for everybody. Guest Flutist will be Emerson Begay (Navajo). Other special guest: The Nation of Change Dancers, Muscogee Creek Nation Stomp Dancers Speedy & Sandra Harley and Story Teller Laura Sanders (Star Clan of Creek Indians) Admission cost is \$10.00 for spectators, all dancers and children 5 & under enter FREE. Call Sonya at: 334-794-7007, send an email to: [sonya@aifestival.net](mailto:sonya@aifestival.net); or visit the website for details at: <http://www.aifestival.net>.

### Alabama Faith Based Conference on Mental Illness- NAMI

This is a conference to learn how National Alliance on Mental Illness (NAMI) can collaborate with Alabama religious leaders

by educating and teaching them to utilize professional resources to pro-actively intervene and combat the stigma associated with mental illness. The conference is being held November 12-13, at the Embassy Suites, 300 Tallapoosa Street, in Montgomery, AL. For information or registration, contact NAMI by phone: 800-626-4199 or 334-396-4797, by fax: 334-396-4794; send an email to: [ethel@namialabama.org](mailto:ethel@namialabama.org), or [roxann@namialabama.org](mailto:roxann@namialabama.org); or by mail: NAMI Alabama, 4122 Wall Street, Montgomery, AL 36106.

### Thanksgiving POW WOW

The 40th Annual Thanksgiving POW WOW will take place on Nov 25-26. The gates will open daily at 9:00 am at The Poarch Creek Indian Reservation, 5811 Jack Springs Road in Atmore, AL. This event includes food, craft vendors, Native American Dance competition, crowning of Poarch Creek Princesses, and more. For additional information, contact Gayle Johnson, 251-368-9136, x 2205 or 2210, or visit the website: [www.poarchcreekindians-nsn.gov](http://www.poarchcreekindians-nsn.gov).

## DECEMBER EVENTS

*(World AIDS Day - December 1)*

### Jingle Bell Run/Walk for Arthritis

The Jingle Bell Run is being held on Dec 4 in three locations. This 5K (and 1 mile option) competitive and fun family run is an event for those who want to make a difference in the lives of the 1.2 million Alabamians living with Arthritis. Website address: [www.arthritis.org](http://www.arthritis.org).

#### The three locations are:

- **Eufaula** – 8:30 am-12:00 pm (noon), in downtown Eufaula, behind the Chamber of Commerce Building. For information, contact: Lisa Hemphill, 334 244 1179.
- **Montgomery** – 8:30 am-noon at Huntingdon College, 1500 East Fairview Avenue. For information, contact: Lisa Hemphill, 334 244 1179.
- **Birmingham** – 8 am registration, 5K run - 9:30 am, and Fun run/walk - 10:30 am. Call 205-979-5700, for information.

## National Conferences 2010

### National Association of State Mental Health Program Director (NASMHPD) Meeting

The NASMHPD Annual 2010 Commissioners Meeting is being held on October 3-5, at the Westin Alexandria, 400 Courthouse Square, Alexandria, Virginia 22314. The meeting will begin on October 3 at 9:00 am, and will adjourn on October 5, at 11:30 am. For hotel and registration, visit the website, [www.nasmhpd.org](http://www.nasmhpd.org). For registration-related questions, please contact Julia Fano-Schultze, via phone or e-mail at: 703-739-9333, x. 110, or send an email to: [julia.fano-schultze@nasmhpd.org](mailto:julia.fano-schultze@nasmhpd.org).

### Quality Health Care for Culturally Diverse Populations

The Seventh National Conference on Quality Health Care for Culturally Diverse Populations is being held from October 18-21, at the Renaissance Baltimore Harborplace Hotel, 202 East Pratt St, in Baltimore, Maryland 21202. For questions about the Conference, including project abstracts, speakers and other questions, call 512-279-3920, send a fax: 512-600-4947, send an email to: [conference@diversityrx.org](mailto:conference@diversityrx.org); or contact by mail to: National Conference Series on Quality Health Care for Culturally Diverse Populations, Texas Health Institute, 8501 North MoPac - Suite 300, Austin, TX 78759.

### Healthy Teen Network's 31st Annual National Conference

Healthy Teen Network's 31st Annual National Conference, *A Time of Opportunity: Engaging Communities in Supporting Healthy Youth and Young Families*, will be held October 26-29, in Austin, TX. The 2010 conference is organized into four tracks: 1. Policy/Advocacy, 2. Programs, 3. Research/Evaluation, and 4. Organizational Capacity Building. For questions contact Healthy Teen Network at 410-685- 0410, or send an email to [conference@healthyteennetwork.org](mailto:conference@healthyteennetwork.org). Stay up-to-date with all conference news by checking the website, [www.HealthyTeenNetwork.org](http://www.HealthyTeenNetwork.org).

### American Academy of Nursing 37th Annual Meeting and Conference

The pre-conference kickoff begins

November 11-13, at the Grand Hyatt Washington, Washington, DC. The 2010 Annual Meeting & Conference will provide participants with information and perspectives which position them to lead the reform of care delivery and dissemination of best practices. The pre-conference is open to the whole nursing leadership community, NOT just nursing informatics-oriented professionals. 4 ways to register (by October 22):

1. On-line at [www.aannet.org](http://www.aannet.org), and click on the conference banner
2. Fax your registration form to 202-777-0107
3. Email the completed registration form to: [conferences@aannet.org](mailto:conferences@aannet.org)
4. Mail your completed form registration form to Annual Meeting & Conference Registration, AAN, 1000 Vermont Avenue, NW - Suite 910, Washington, DC, 20005.

### APHA Annual Meeting

The American Public Health Association (APHA) 139th Annual Meeting and Exposition *Social Justice: A Public Health Imperative*, will

take place November 6-10, in Denver, CO. The APHA Annual Meeting & Exposition will unite the public health community and afford professionals and practitioners the opportunity to enhance their knowledge and exchange information on best practices, latest research and new trends in public health.. Download the registration form and get information at [www.apha.org/meetings/registration/](http://www.apha.org/meetings/registration/).

### EMS Conference at Sea 2010

The first annual EMS conference at sea is being held November 28-December 5. The cruise will sail from Galveston, Texas on Royal Caribbean's Voyager of the Seas. The target audience is first responders, EMT-Basic, EMT-Intermediate, and EMT- Paramedic. Continuing education credits are available to attendees. The conference brochure and a registration form are available on the EMS Conference at Sea website, <http://www.emssea.com/Index.html>. For more information, contact: Morgan Braden, Braden Productions, PO Box 44892, Rio Rancho, NM 87174. Contact by phone at: 505-379-0899, and by fax to: 505-892-0714. Send an email to: [morganbraden@q.com](mailto:morganbraden@q.com), or visit the website at: [www.EMSSEA.com](http://www.EMSSEA.com).



On Saturday, July 17, 2010, Macon County Health Department, in Tuskegee, Alabama, held its' Annual Health Fair. Staff participants pictured, from front, left to right: Mary Butler, Dolly Caldwell, Floy Crowley, Sabrina Tarver and Cynthia Winsley; and from back, left to right: Janice Broaden, Chancey Senn, and Sanquetta Foster.

# Announcements

## SISTAs Can Survive Coalition Support Group

The group meets every fourth Saturday of each month at 1:00 pm in a confidential setting. The Support Group provides cancer education, control and support services to breast, cervical and prostate cancer patients. Meetings are held to address the issues faced by cancer survivors living with, through, and beyond cancer to promote health, wellness and quality survivorship. Each month features a cancer-related topic or issue and an opportunity for survivors and their families to address survivor-related concerns, or to listen. For more information, call: 334-430-1070, or send an email to: s1stas1@hotmail.com.

## New National HIV/AIDS Prevention and Treatment Strategy

The Health and Human Services (HHS) Secretary Kathleen Sebelius, White House Domestic Policy Council Director Melody Barnes, Office of National AIDS Policy Director Jeffrey Crowley, and HHS Assistant Secretary for Health Dr. Howard Koh unveiled the National HIV/AIDS Strategy (NHAS) during a live briefing from the White House on July 13.

NHAS is a comprehensive plan focused on (1) reducing the number of people who become infected with HIV, (2) increasing access to care and optimizing health outcomes for people living with HIV, and (3) reducing HIV-related health disparities.

The plan will serve as a roadmap for policymakers, partners in prevention, and the public on steps the United States must take to lower HIV incidence, get people living with HIV into care, and reduce HIV-related health disparities. For information, visit the NHAS Web page on [www.AIDS.gov](http://www.AIDS.gov), to learn more about the new strategy and implementation plan.

## Disparities in Health 2010 Introduced Legislation (Updated August 10, 2010)

Life expectancy and overall health have improved in recent years for most Americans, thanks in part to a better focus on preventive medicine and advances in medical technol-

ogy. While Americans as a group are healthier and living longer, disparities persist. For a number of racial and ethnic minorities in the United States, good health is more difficult to attain because appropriate care is often associated with an individual's economic status, race and gender.

Policymakers are responding to these issues by introducing legislation aimed at eliminating health disparities. The bills listed below have been introduced to address the social determinants of health and are aimed at eliminating health disparities for all underserved populations.

### Bill/Summary/Status – Alabama:

HB 384 and SB 499 (Risk Factors and Disease Management) In summary, this house/senate bill would create a task force to assess the current and future impact of dementia and Alzheimer's disease on the residents of Alabama. This bill outlines membership criteria, duties and responsibilities, and a termination date. The task force would examine health care disparities for minority populations with dementia. House: Passed, signed into law by governor, Act No. 2010-702, 4/29/2010. Senate: Failed.

For more information on disparities visit <http://www.ncsl.org/>, click on "Issues & Research" and "Health" and then click on "Health Disparities Overview."



## Be The Match Registry and Fellowship Baptist Church Unite to Host a Donor Registration Drive

*Chaun L. Paulk*  
Be The Match Registry<sup>SM</sup>, operated by the National Marrow Donor Program, are working to increase awareness about the need for more minority donors to help patients like Tony Perry, a 48 year old man in Gadsden, AL, who was diagnosed with Acute Lymphocytic Leukemia (ALL). Tony's condition can be cured by a marrow transplant. There are many patients like Tony, who wait with life-threatening diseases such as sickle cell, leukemia and lymphoma; and a blood cell transplant from a stranger is often the only

hope for a cure to save their lives. Patients depend on the Be The Match Registry to find their donor match, More donors are needed, in order for patients' to obtain a life-saving match. Financial contributions and volunteers are essential in saving lives. New technology has made donating marrow a medically simple process with minimal recovery time and minimal discomfort. Donors can now donate life saving Peripheral Blood Stem Cells (PBSC) from a vein in their arm, a procedure which does not require surgery. Traditional marrow harvest, a surgical procedure is now performed in only 20 percent of transplants, compared with 70 percent for PBSC donations. More funding and community contributions are needed to research blood disorders like Sickle Cell disease.

Since its' inception in 1987, the NMDP has provided more than 35,000 transplants. For more information, visit [www.BeTheMatch.org](http://www.BeTheMatch.org), or call 1-800-MARROW2. For more information on donating for Tony Perry, call Deleana Allsopp at: 256-541-1858, by email to: [dallsopp@nmdp.org](mailto:dallsopp@nmdp.org), by web at: [www.swabmycheek.org](http://www.swabmycheek.org); or call Chaun L. Paulk at: 256-419-4566.

# Funding Opportunities

## Alabama State Loan Repayment Program

The Office of Primary Care and Rural Health is seeking applicants for a new Alabama State Loan Repayment Program which will assist more than 20 qualified healthcare professionals in exchange for two years of service in a health professional shortage area. Visit the Primary Care and Rural Health website for eligibility and more information at: <http://www.adph.org/ruralhealth>, and click on the left navigation "State Loan Repayment" link; or call 334-206-5396.



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OF PUBLIC HEALTH**

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To have events included in the  
January - March, 2011 calendar,  
email, fax or mail the information  
by November 1, 2010.

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*The times, dates, and places of Minority Health  
Events mentioned herein are subject to change  
after printing deadline. We recommend that you  
call ahead to verify events.*

*This document is mailed to a list of recipients  
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of the OMH, so if you prefer to opt out (have your  
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Office of Minority Health by email to:  
omh@adph.state.al.us, by facsimile (fax) to:  
334-206-5173, or by telephone at:  
334-206-5396.*

**ADPH**   
Alabama Department of Public Health  
Office of Minority Health

# Health News & Views

## Diabetes Billboard Awareness Campaign



The Diabetes  
Prevention  
and Control  
Branch, Alabama  
Department of

Public Health, launched a diabetes awareness billboard campaign as gas-pump toppers at 53 Murphy Stations (Wal-Mart) and 70 other gas stations throughout the state. The National Institute of Health (NIH/NIDDK) tracked the number of telephone calls received for Alabama area codes 205, 251, 256, 334 and 938, September 1-30, 2010.

## American Indian History Month

November is American Indian History Month, which seeks to share the rich cultural traditions of American Indian people. The nine recognized American Indian Tribes of Alabama includes:

- Cherokee Tribe of North East Alabama
- Cher-O-Creek Intra Tribal Indians
- Echota Cherokee Tribe of Alabama
- Machis Lower Creek Indian Tribe
- MOWA Band of Choctaw Indians
- Piqua Shawnee
- Poarch Band of Creek Indians\*
- Star Clan of Muscogee Creek Indians
- United Cherokee Ani-Yun-Wiya Nation

Each Alabama Indian tribe is diverse in their location, as well as their activities, languages and traditions. Created by the Legislative Act in

1984, the Alabama Indian Affairs Commission (AIAC) represents more than 38,000 American Indian families who are residents of the State of Alabama. To find out more about the Alabama Indians and culture, visit the Alabama Indian Affairs Commission website at: [www.aiac.state.al.us](http://www.aiac.state.al.us). \*Federally-recognized tribe.

## Training USA Courses

The following courses are being offered at Training USA, [www.trainingusa.org](http://www.trainingusa.org). The CPR courses are about 3 hours, the ACLS, PALS, and ICLS Renewal courses are 8 hours, and the ACLS, PALS, and ICLS two-day courses are 8 hours each day. The Training USA office location: 2808 Southside Drive, Tuscaloosa, AL 35405. For more information, please contact Clifton Mangum at 205-345-3675, or by email: [cmangum@trainingusa.org](mailto:cmangum@trainingusa.org).

## Heart Surgeon Gets the Word Out

Hilton Publishing Company (HPC), originally founded as a Chicago-based publisher by Hilton Hudson, M.D. in 1996, is a true minority trade publisher. HPC publishes health books with a special focus on materials for minority populations.

Hilton Publishing Company is certified as a Minority Business Enterprise (MBE) by the National Supplier Business and Development Council. For information, or to discuss publishing, contact Bruce Smith at [bruce-smith@hiltonpub.com](mailto:bruce-smith@hiltonpub.com), or visit the HPC website at [www.hiltonpub.com](http://www.hiltonpub.com).

# 2010 NATIONAL HEALTH OBSERVANCES

## OCTOBER

- Healthy Lung Month (Lung Health Day- 27)
- Mental Illness Awareness Week (4-10)
- National Breast Cancer Awareness Month
- National Celiac Disease Awareness Month
- National Dental Hygiene Month
- National Depression Screening Day (8)
- National Domestic Violence Awareness Month
- National Down Syndrome Awareness Month
- National Family Sexuality Education Month

- National Latino AIDS Awareness Day (15)
- National Lupus Awareness Month
- National Mammography Day (22)
- National Spina Bifida Awareness & Spinal Health Month
- Sarcoidosis Awareness Day (4)
- Sudden Infant Death Syndrome Awareness Month
- World Mental Health Day (10)
- World Osteoporosis Day (20)

## NOVEMBER

- Child Safety Protection Month
- Gastroesophageal Reflux Disease Awareness Week (24-27)
- Great American Smokeout (18)
- Indian Heritage Month

- Lung Cancer Awareness Month
- National Adoption Week
- National Alzheimer's disease Awareness Month
- National Diabetes Month
- National Epilepsy Month
- National Hospice Palliative Care Month
- Pancreatic Cancer Awareness Month
- Pulmonary Hypertension Awareness Month

## DECEMBER

- National Hand Washing Awareness Week (5-11)
- World AIDS Day (1)