Improving minority health improves Alabama's health
Calendar of Events

OCTOBER EVENTS
(Breast Cancer Awareness Month)

2009 APHCA Annual Conference and Clinical Forum: Transitions: The Changing Face of Community Health

The Alabama Primary Health Care Association cordially invites you to attend the 24th Annual Conference and Clinical Forum. APHCA’s 24th Annual Conference and Clinical Forum will be held on September 29-October 2, 2009 at the Renaissance Riverview Plaza Hotel in Mobile, AL. The forum provides an opportunity for people involved in all aspects of community health center policy and operations to meet, learn and share information. For more information on exhibiting or sponsoring opportunities, please contact Kat Rodman, Communications and Outreach Coordinator at 334-271-7068, or by e-mail to Kat at: kat@alphca.com.

4th Annual Alabama Conference on Obesity: Prevention, Assessment & Treatment

The Alabama Conference on Obesity will be held on October 1-2, 2009, at the Bryant Conference Center, in Tuscaloosa, AL. The Conference is designed for professionals involved in the prevention, assessment and treatment of obesity. Sessions are of benefit to the general public seeking education through instructional sessions and networking opportunities. Topics are presented by national and renowned speakers, and faculty will present workable plans, new ideas, discussion of community studies, and create a stimulus toward action while providing practical applications and useful information. For more information visit the website at www.obesity.ua.edu or call the College of Continuing Studies Professional Development & Conference Services at 205-348-6222.

2009 Annual Alabama State Nurses Association (ASNA) Convention

The Convention will be held on October 1-3, 2009, at the Marriott Hotel & Spa in Florence, AL. Visit the website: http://www.abn.state.al.us/main/ce/courses/CE-ASNA-Self-Directed.html.

Alabama Kids Count Series Conference

Voices for Alabama’s Children will be hosting a conference on Friday, October 2, 2009, in Birmingham, AL. For additional information contact Rhonda Mann or Kristi Gash, 334-213-2410, ext. 107, or visit www.alavoices.org.

Training Opportunity - Emergency Planning

Collaborative efforts between ADEH and Healthcare Organizations are being held for Hospital Regional Training on the following dates (in date order), at these locations:

- Region One
  Friday, October 2, 2009
  Huntsville Hospital, Huntsville, Alabama
- Region Six
  Friday, October 23, 2009
  Southeast Alabama Medical Center, Dothan, Alabama
- Region Five
  Friday, October 30, 2009
  Newburn Building Auditorium
  Mobile County Health Department, Mobile, Alabama

Step Out: Walk to Fight Diabetes

The American Diabetes Association (ADA) is forming teams to raise money for a Cure for Diabetes. To attend the StepOut Walk to Fight Diabetes in Alabama, call 1-888-DIABETES, or visit: www.diabetes.org/stepout—the following locations are scheduled to hold walk events in Alabama:

- Birmingham (10/3), McWane Science Center; Registration Opens: 7:00 a.m., Event Start Time: 8:00 a.m. – the Walk; 8:30 a.m. – 5K race; 9:30 a.m. – Children’s Fun Run.

A Quarterly Publication of the Alabama Department of Public Health’s Office of Minority Health

“We also know that health disparities linked to social class, race, and ethnicity are not primarily about health care access or quality, since these inequalities persist in countries that provide health care for all their citizens. These disparities are rooted in where and how we live, work, and play.”

Jack Shonkoff, founding director of the Center on the Developing Child at Harvard University

- Mobile (10/17), Langan Park/Municipal Park, Registration Opens: 8:00 a.m., Event Start Time: 9:00 a.m.
- Montgomery (10/10), Alabama Shakespeare Festival, Registration Opens: 8:00 a.m., Event Start Time: 9:00 a.m.
- Tuscaloosa (10/31) – Details to be announced.

Moundville Native American Festival

The Annual Moundville Native American Festival will be held October 7-10, 2009 at The University of Alabama’s Moundville Archaeological Park, on the Black Warrior River, while preparing Alabama for November’s American Indian Heritage Month. Native American performing artists, craftspeople, and musicians entertain and educate visitors each October at the Moundville Native American Festival. For more information call 205-371-2234, visit the website at http://moundville.ua.edu, or email Claudia Cummings at ccumming@ua.edu.

North Central Alabama Race for the Cure® / Susan G. Komen Race for the Cure®

October 10, 2009
Registration and Packet Pick-Up:
7:00 a.m.
Survivor Parade:
8:30 a.m.
5K Start time: 9:00 a.m. 1 Mile Fun Fun/Walk: 10:00 a.m. For additional information, call Ellen Zahariadis, Executive Director, at: 205-930-8886, or by email: birminghamrace@gmail.com. Registration is available online at www.komenncalabama.org. Entry forms also at local Ford dealers, local sponsor locations, and area fitness and running stores. Course Location: Linn Park, Birmingham AL (From I-65 South and I-20/59 East, exit 17th Street (Exit 125A). Start: in front of Boutwell on 8th Avenue. Finish: 20th Street North and 6th Ave North - ending at Linn Park.

2009 Samuelson Lecture
Wednesday, October 14, 2009, from Noon to 1:30 p.m. Mindy Fullilove, MD, professor of clinical psychiatry, Columbia University Mailman School of Public Health will discuss how coalitions are central to building power for minorities and how this requires programmatic thinking. “Ernest Thompson’s Organizing: Lessons in Building People’s Power” is a program based on the needs of the working class. University of Alabama at Birmingham, Hill University Center Alumni Auditorium, 1400 University Boulevard, Birmingham, AL (Parking available at Lot 15A; 13th Street and University Boulevard). Information available at: https://www.soph.uab.edu/lectureseries/samuelson, The Office of External Relations, 1665 University Boulevard - RPHB 130, Birmingham, Alabama 35294-0022. Contact by phone, 205-934-7799 or by email, support@uab.edu.

2009 Echota Cherokee POW WOW
The POW WOW will be held on October 16-18, 2009, at the Oakville Indian Mounds Park, in Moulton, AL. The gates will open at 9:00 a.m. - admission is $5. For additional information, visit the website at: www.echotacherokeetribe.homestead.com/Events for more details.

Alabama Health Disparities Townhall Meeting Satellite Conference and Webcast
The Office of Minority Health and the Health Disparities Advisory Council will hold Alabama Health Disparities Townhall Meeting Satellite Conference and Webcast on Wednesday, October 21, 2009, from 2:00-3:00 p.m. For more information, contact Elana Parker at: 334-206-7980, by email to: elana.parker@adph.state.al.us, or visit the Alabama Public Health Training Network, www.adph.org/alphtn to register online.

2009 FIESTA
The 7th annual Fiesta, Birmingham’s premiere celebration of Hispanic culture and heritage, will be held in Linn Park on Saturday, October 17, 2009, from 11:30 a.m. to 8 p.m. The goal is educating the public about the many different Hispanic countries and their cultures. Fiesta’s approach is to present the best of Hispanic art, music, food and dance. If your organization would like the opportunity to participate in the Fiesta 2009 Community Village, please contact Taylor Anderson at jtanders85@gmail.com.

Breast Cancer Screening for Latinas
The Tuscaloosa DCH Cancer Center will have a screening on October 19, 2009, beginning at 5 p.m. The clinical exam will be provided and a voucher for a free mammogram for all Latina women who attend. Contact Vicky May: Vmay@dchsystem.com, or call 205-343-8493, for more information.

2009 Annual Tuberculosis (TB) Update Training
The Tuberculosis training will be held on October 22-23, 2009, from 8:30 a.m. to 4:30 p.m., at the Montgomery County Health Department. Tuberculosis continues to pose significant health risks among many populations throughout Alabama. The Bureau of Disease Control, Division of Tuberculosis Control, is pleased to announce an upcoming class entitled “TB Update.” Leading TB experts in Alabama will convene a three day seminar on the basics of tuberculosis control. Participation in this seminar is limited. Please complete and mail or fax the registration form. There are no charges or fees associated with this seminar, and CEUs are being applied for. Contact Pam Barrett at 334-206-5330, if you have any questions.

A Model for Medical Nonprofits
The Cahaba Valley Health Care’s A Model for Medical Nonprofits will be held on October 23, 2009, at the Cahaba Valley Health Care, in Birmingham, AL. This one day seminar will provide need-to-know information to start and maintain a medical nonprofit. The seminar includes how-to: start a nonprofit, recruit a Board, secure funding, keep volunteers, and operate a medical clinic. To register and for more information, please visit the website at: www.cahabavalleyhealthcare.org.
2009 River Region Start! HeartWalk
The American Heart Association will hold Annual Heart Walks at the following locations on this date:

- October 24, 2009, River Region Start! Union Station Train Shed, 300 Water Street, Montgomery, AL 36104, begins 8:00 a.m. Contact Sophia Lewis, 334-223-1700, or by email, Sophia.lewis@heart.org.

National Association of State Mental Health Program Director (NASMHPD) Meeting
The NASMHPD Legal Division 2009 Annual Meeting will be held, Sunday, October 25, 2009 to Wednesday October 28, 2009, at the Perdido Beach Resort in Orange Beach, Alabama. The meeting will begin at approximately 1:00 p.m., October 25, and adjourn at approximately 12:00 noon, on October 28. For hotel and registration, visit the website, www.nasmhpd.org.

2009 Conference on Attention Deficit/Hyperactivity Disorder: “Overcoming Obstacles & Promoting the Positives!”
October 26–27, 2009 The University of Alabama, Bryant Conference Center, Tuscaloosa, AL. The University of Alabama, together with a statewide advisory committee, is pleased to announce the 2009 health and human services conference on Attention Deficit/Hyperactivity Disorder. This south-east regional conference is planned to bring together a multidisciplinary group of experts to share their research and interventions on ADD/ADHD and practitioners share best practices. Mail form and fee to: Registration Services, College of Continuing Studies, The University of Alabama, Box 870388, Tuscaloosa, AL 35487-0388. Phone in registration to: 205-348-3000 or 1-866-432-2015, FAX registration form to: 205-348-6614, or On-line registration is available via the internet at: http://adhd.ua.edu or http://pdcs.ccs.ua.edu. Brochure I.D. # 05410 (Program # 02-054-10)

Cardiovascular Health Advisory Council (CVH) & Stroke System Operations Group (SSOG) Meetings
Two meetings will be held on October 27, 2009, at the Richard Beard Building, 1445 Federal Drive, Montgomery, AL. The CVH Advisory Council will hold its meeting from 9 a.m. to 12 p.m., and the SSOG meeting will be held concluding the CVH meeting. For more information, contact Melanie Rightmeyer, 334-206-3977, or by email, Melanie.Rightmeyer@adph.state.al.us.

2009 WORKFORCE DEVELOPMENT CONFERENCE
The Alabama Office of Workforce Development is hosting a State Workforce Development Conference October 28–30, 2009 at the Renaissance Montgomery Hotel at the Convention Center, Montgomery, Alabama. This conference is sponsored by the Governor’s Office of Workforce Development and draws 1,000 plus workforce professionals representing employers, partner agencies, economic development entities, and others. For registration and information, visit the website, www.alabamaworkforceconference.com.

Educator Conference for Volunteer-Based Programs
Programs on October 30, 2009, in Birmingham, AL. For more information or conference updates visit the website: www.literacy-council.org or contact Theresa Sterling at 205-326-1925, or tsterling@literacy-council.org.

NOVEMBER EVENTS
(American Indian Heritage Month)
Training Opportunity - Emergency Planning
Collaborative efforts between ADPH and Healthcare Organizations are being held for Hospital Regional Training on the following dates (in date order), at these locations:

- Region Two
  Monday, November 2, 2009
  Tuscaloosa County Health Department, Tuscaloosa, Alabama

- Region Four
  Wednesday, November 4, 2009
  H. Council Trenholm State Technical College, Montgomery, Alabama

- Region Three
  Monday, November 16, 2009
  Bradley Conference Center, Birmingham, Alabama

Air Sampling for Toxic Substances in Environmental Health Sciences
November 4–5 Tentative Date/Location TBA, The Deep South Center for Occupational Health and Safety. For more information, contact staff at: 205-934-7178, visit the website, www.uab.edu/dscmail/to:dsc@uab.edu, or send an email to dsc@uab.edu. The event begins on 11/04/2009 at 8:00 a.m.; and ends on 11/05/2009 @ 5:00 p.m.

10th Annual Public Employees Safety Council of Alabama Conference (PESCA)
The Deep South Center is a consortium of the University of Alabama at Birmingham, Auburn University and University of Alabama. The 10th Annual Public Employees Safety Council of Alabama Conference will be held on November 5, 2009, at the Clanton Conference Center, Alabama Power Company, in Clanton, AL. For more information or registration please call 205-280-4430, or visit the website, www.soph.uab.edu/dsc/PESCA09.

Health Occupations Career Fair
The Mobile Chamber of Commerce will hold a Health Occupations Career Fair on November 5-6, 2009 at 8:00 a.m. Contact Carol Lambert at 251-431-8659, or by email, clambert@mobilechamber.com.

Step Out: Walk to Fight Diabetes
The American Diabetes Association (ADA) is forming teams to raise money for a Cure for Diabetes. To attend the StepOut Walk to Fight Diabetes in Alabama, call 1-888-DIABETES, or visit: www.diabetes.org/stepout—the following location is scheduled to hold a walk event in Alabama:

- “Toast to a Cure” Gala: November 14, 2009—Workplay Theatre, a fun-filled special evening with the ADA.

25th Annual Early Intervention and Preschool Conference: “Success by Six”
The United Cerebral Palsy of Alabama (UCP) will host this event on November 16-18, 2009, at the Birmingham–Jefferson Convention Complex and Sheraton Hotel, in Birmingham, AL. The conference is intended for professionals at all levels and for parents who want to grow in their knowledge and skills in working with children having disabilities, age’s birth to
American Indian History Month Festival
Join the nine recognized American Indian tribes of Alabama will be held on Saturday, November 21, 2009, with introduction of participating tribal Chiefs, and will include gourd dancing, Grand Entry in traditional dress, a northern & southern drum, flute music, stomp dancing, two competitive dance divisions (men's fancy & women's fancy shawl) individual dance categories (non-competitive), historical tribal exhibits and story-telling.

39th Annual Thanksgiving POW WOW
The 39th Annual Thanksgiving POW WOW will be held on November 26-27, 2009, at the Poarch Creek Indian Reservation, 5811 Jack Springs Road, Atmore, AL 36502.

For additional information contact Barbara Seals at 205-349-3250.

December Events

HIV Consumers Conference
The HIV Consumers Conference will be held on December 4, 2009, from 8:30-3:30 p.m. in Tuscaloosa, AL, at the McAbee Center. For more information contact Barbara Seals at 205-349-3250.

3rd Annual Southern Obesity Summit
The Texas Health Institute Summit will be held on October 4-6, 2009, at the Sheraton Convention Complex in downtown Austin, TX. The Summit will kick-off, October 4, at 4:00 p.m. with a Town Hall meeting. On Monday and Tuesday, October 5-6, the Summit will focus on best practices for reducing obesity through: general sessions, breakouts, workshops and networking opportunities. The Summit concludes on Tuesday, October 6, 2009 at 2:30 p.m. For additional information, contact Texas Health Institute Event office by email: aconway@texashealthinstitute.org, or call 512-279-3907. See Registration information at: www.southernobesitysummit.org.

3rd Annual National Cervical Cancer Coalition
The National Cervical Cancer Coalition’s 3rd Annual NCCC Conference will be held in Chicago, Illinois, on October 8-10, 2009. The Conference will consist of networking with other HPV/ Cervical Cancer patients and survivors receive the most current information on prevention, detection, treatment and survivorship. Partial scholarships available. For more information visit: www.nccc-online.org or contact NCCC at: info@nccc-online.org.

Healthy Teen Network Annual Conference
Healthy Teen Network’s 30th Annual National Conference, Celebrating Healthy Teens and Young Families: 30 Years of Making a Difference will be held October 21-24, 2009 at Hyatt Regency Tampa, 211 North Tampa Street, Tampa, Florida, 33602. Call 410-685-0410, send an email to conference@healthyteennetwork.org, or go to www.HealthyTeenConference.org, and register today! The conference brochure is available for download!

For additional information, contact: 251-368-9136, x 2205, or visit the website: http://www.poarchcreekindians-nsn.gov.

23rd Annual Conference “Championing Hispanic Higher Education Success: Building a Better Future for All”
October 31 to November 2, 2009 Hispanic Association of College & Universities (HACU) will hold a dynamic forum where early, mid and top level faculty, staff, administrators and other leaders interact, network and explore strategies for making our institutions more responsive to the needs of underrepresented students. Come ready to learn and to share your best ideas. See the website for details: http://www.hacu.net/hacu/Annual_Conference1_EN.asp. This forum is being held at Disney’s Coronado Spring Resort, Walt Disney World, FL, Orlando, Florida 32830.

National Conference to End Health Disparities: Faces of a Healthy Future
November 3-6, 2009, the National Center on Minority Health and Health Disparities will hold the Faces of a Healthy Future: National Conference to End Health Disparities II at the Benton Convention Center, Embassy Suites Hotel and Marriott Hotel, at the Twin City Quarter, Winston-Salem, NC. The purpose is to bring together representatives from local, regional, state, and national organizations, along with consumers, in a forum addressing the NCMHD and Healthy People 2010 goals through the conference objectives. The goals of Healthy People 2010 are designed to improve health, eliminate disparities, achieve racial and ethnic equity, ensure quality of life and well-being for all, and build a culture of health.
40% are to improve health and to eliminate health disparities. For conference registration, visit the website link, http://www.ccehd.com/index.php?option=com_content&task=blogcategory&id=29&Itemid=55.

Contact Patty Drummond by phone, 704-376-1943, or by email, fhf@tribblecreativegroup.com. For exhibitor or promoter opportunities, contact Laura Brewer by email at lbrewer@tribblecreativegroup.com, or call 704-376-1943. For general conference information, contact Laura Sharpe, lsharpe@tribblecreativegroup.com.

American Academy of Nursing 36th Annual Meeting and Conference
November 5–7, 2009—The Academy will hold a forum to craft ideas to improve the health and well-being of the public in this era of health system reform. Nurse leaders, aspiring nurse leaders, other health professionals, thought leaders, consumers, and policy experts are invited to come together in a participatory event to identify key strategies and specific opportunities for system-wide change. The objectives include being able to improve health care accessibility for: children, the elderly and diverse populations; send inquiries via email to: conferences@aannet.org, call 202-777-1170, or by mail to: American Academy of Nursing, 888 17th Street, NW - Suite 800, Washington, DC 20006.

APHA Annual Meeting Water and Public Health: the 21st Century Challenge
The American Public Health Association (APHA) 137th Annual Meeting and Exposition will take place in Philadelphia at the Pennsylvania Convention Center, November 7-11, 2009. Now more than ever is the time for the public health community to come together and embrace the opportunities and potential for change which faces our nation. Download the registration form and get information at https://reg.jspargo.com/apha09/reg/default.asp.

International Association of Physician in AIDS Care 2009 Conference: Unity in Action
November 29-December 1, 2009, the International Association of Physicians in AIDS Care and Foundation for AIDS Research will hold a three day conference in New Orleans, Louisiana. For event information, call: 312-795-4930, send an email to: iapac@iapac.org, or visit the website: www.iapac.org/iapac09/

Blueprints for Success: Ideas for Change
The Rural Multiracial and Multicultural Health Conference will be held from December 9 to 11, 2009, in Memphis, Tennessee, one of the National Rural Health Association’s fastest-growing conferences. The meetings in the nation to focus on rural multiracial and multicultural health issues, this conference is designed to benefit those who are dedicated to bringing quality health care and health services to this underserved and often under-represented portion of the rural population. Conference sessions will address four critical areas of rural economic development: education, entrepreneurship, social infrastructure and public infrastructure. Enjoy an entertaining lunch program with John McPherson, cartoonist and creator behind the renowned comic panel, Close to Home. For more information, contact Rosemary McKenzie at mckenzie@NRHA Rural.org or 816-756-3140 x.15, or go to www.ruralhealthorg.

Announcements

Breast and Cervical Cancer Early Detection Program of Alabama

Early Detection Program
Alabama Department of Public Health provides breast and cervical cancer screenings FREE for women who are eligible.

Breast & cervical cancer screenings eligibility:
- Women
- Age 40-64
- Under age 40 who have a breast complaint (receives breast services only)
- Have no insurance or who are underinsured
- Income is at or below 200% of the poverty level

Free screening services:
- Annual Pelvic Exam and Pap smear as indicated through Medicaid
- Annual Clinical Breast Exam
- Annual Mammogram
- Diagnostic Tests, if the breast/cervical cancer screening tests come back abnormal

Enroll in the program:
- Call 1-877-252-3324 to find out about eligibility

Cancer Treatment Program
Alabama Department of Public Health program provides free treatment through Medicaid for eligible women who have been diagnosed with breast or cervical cancer.

Receive free breast and cervical cancer treatment, with eligibility:
- Women
- Diagnosis of breast or cervical cancer
- Under age 65
- Have no insurance or who are underinsured
- Income is at or below 200% of the poverty level

I have already started treatment for breast or cervical cancer:
- Even if you are already undergoing treatment, you are eligible for treatment through Medicaid
- You must meet eligibility criteria

Enroll in the program:
- Ask your physician to call the program at 334-206-5538
- For additional details, visit the website at: www.adph.org/earlydetection

Alabama Doctor Obama Nominated For Health Post
On July 13, 2009, President Obama nominated Dr. Regina Benjamin, a rural family physician who has faced hurricanes, flood and fire to care for impoverished patients along Alabama’s Gulf Coast, for surgeon general. Obama says Dr. Regina Benjamin understands the needs of the poor and uninsured, making her uniquely qualified to be America’s doctor as his administration tries to revamp the health care system. For her part, Benjamin has worked the preventable diseases that have claimed nearly all her relatives—diabetes, high blood pressure, lung cancer. She pledged to fight so that, in her words, “no one falls through the cracks as we improve our health care system.”
Health News & Views

Statewide Planning - Emergency Operations, Disaster Planning and Flu
The Alabama Department of Public Health recommends all families take health and safety precautions to be prepared in case of an emergency or an all-hazards event. As part of its emergency preparedness campaign Get 10, the department is encouraging all Alabamians to create an emergency supply kit containing ten essential items that can help them survive an emergency. Visit the Center for Emergency Preparedness pages on the Alabama Department of Public Health main website, www.adph.org/CEP, and right click on “Community Preparedness” or “Get 10” in the blue box on the left side navigation area.

The Alabama Healthcare Disaster Planning Guide is the result of many discussions with healthcare organizations across the state. This guide was developed to help healthcare organizations in Alabama coordinate and create emergency operations plans (EOP) specific for their organization. Visit the Center for Emergency Preparedness pages on the Alabama Department of Public Health main website, www.adph.org/CEP, and right click on “Healthcare Planning” in the blue box on the left side navigation area.

To order pandemic influenza education materials, please print, complete, and mail or fax the Faxback Order Form, visit the Alabama Department of Public Health main website, www.adph.org/CEP, and right click in the blue box on the left side navigation area located under “Free Printed Material - Pandemic Flu Fact Sheets.” If you have any questions, please call 1-866-264-4073 or (334) 206-3394.

Cultural Competency Program for Disaster Preparedness
The U.S. Department of Health and Human Services’ Office of Minority Health (OMH) is pleased to announce the release of its latest free cultural competency e-learning program – the Cultural Competency Curriculum for Disaster Preparedness and Crisis Response (CCC-DPCR). This is a new groundbreaking program. As evident in countless local disasters nationwide, cultural competency is essential to ensuring pandemic influenza education, planning, and preparedness for individuals, organizations, and communities while providing for the emergency medical needs of the population. Visit the Center for Emergency Preparedness pages on the Alabama Department of Public Health main website, www.adph.org/CEP, and right click on “Pandemic influenza” in the blue box on the left side navigation area. To see the Spanish versions of the Flu & You (La Gripe Y Usted), click on the “Free Printed Material” in the blue box on the left side navigation area.

Funding Opportunities

Robert Wood Johnson Foundation Health & Society Scholars
October 2, 2009, is the deadline for receipt of applications. The application is available online: www.rwjf.org/cfp/healthandsocietyscholars.

The Robert Wood Johnson Foundation Health & Society Scholars program provides two years of support to postdoctoral scholars at all stages of their careers to build the nation’s capacity for research and leadership to address the multiple determinants of population health and contribute to policy change. The program is based on the principle that progress in the field of population health depends upon multidisciplinary collaboration and exchange. The program is intended to produce leaders who will change the questions asked, the methods employed to analyze problems, and the range of solutions to reduce population health disparities and improve the health of all Americans. Contact Gerard P. Lebeda, deputy director, call 212-419-3566, or send an email to: hss@nyam.org.

CVS Caremark Community Grants Program Accepting Grant Applications for Programs Serving Children With Disabilities and the Uninsured
The CVS Caremark Community Grants program awards funds to nonprofit organizations for programs targeting children with disabilities; programs focusing on health and rehabilitation services; and public schools promoting a greater level of inclusion in student activities and extracurricular programs, and initiatives that give greater access to physical movement and play. Additionally, some contributions are made to organizations that provide uninsured individuals with needed care, in particular programs where the care received is of higher quality and delivered by providers who participate in responsible community health care programs. The grant application process is from January 1 through October 31. Qualifying organizations are eligible for grants of up to $5,000. Deadline: October 31, 2009. For more information and details, visit the website, www.info.cvscaremark.com/community/our-impact/community-grants/children-disabilities.

Nominations of Innovative Domestic Violence Programs Invited for Mary Byron Project Celebrating Solutions Awards Program
The Mary Byron Project, a national organization working to address the root causes of domestic violence and help build safer, healthier communities, created the Celebrating Solutions Awards to honor local innovations that demonstrate promise in breaking the cycle of violence. The awards program seeks to showcase programs that can serve as models for the nation.

To be eligible for an award, a program must address the issue of domestic violence and must be part of a U.S. nonprofit 501(c) (3) or government agency. The program provides cash awards of $10,000 each in recognition of existing programs and/or innovations. Guidelines and nomination form are available at the Mary Byron Project Web site, http://foundationcenter.org/pnd/rfp/rfp_item.jhtml?id=261500004ac. The deadline for the project is November 17, 2009.

continued on next page
it has become increasingly apparent that cultural and linguistic differences can impede the dissemination of information critical to one’s health, such as preparedness instructions or evacuation orders. The first of its kind for disaster personnel and accredited for up to nine (9) continuing education credit hours, the CCC-DPCR gives first responders, social workers, and disaster mental health workers the knowledge, skills, and abilities needed to provide culturally and linguistically competent care and services at every phase of a disaster. Visit, www.thinkculturalhealth.org, or send an email to contact@thinkculturalhealth.org for more information.

New Americans Health Information Portal (NAHIP)

A collaboration between the Heartland Alliance for Human Needs & Human Rights and the University of Illinois at Chicago (UIC) Library of the Health Sciences has launched New Americans Health Information Portal (NAHIP), that will serve both as an Internet portal to identified quality multi-lingual health education documents and as a receptacle for health documents created by Heartland’s Refugee Health Programs. For additional information, visit: http://palantir.lib.uic.edu/nahip/.

Four Simple Things to Protect Yourself and Others from the Flu

1. COVER YOUR COUGHS & SNEEZES
   • Cover your mouth and nose with a tissue
   • Put your tissue in the trash can
   • No tissue? Cough or sneeze into your upper sleeve, not your hands.

2. WASH YOUR HANDS
   • Wash hands with warm, soapy water for at least 10-15 seconds OR use a hand sanitizer after
   • Coughing or sneezing
   • Using the bathroom
   • Caring for a sick person
   • Handling garbage, animals, and animal waste

3. CLEAN LIVING & WORK AREAS
   • Clean area with household detergents
   • Sanitize surfaces with bleach or alcohol

4. KEEP YOUR DISTANCE
   • Avoid crowds
   • During outbreaks, work from home, if possible
   • Limit your travel
   • Stay at home if you are sick, including family

DURING FLU SEASON

2009 NATIONAL HEALTH OBSERVANCES

OCTOBER
- Healthy Lung Month (Lung Health Day- 28)
- Mental Illness Awareness Week (5-11)
- National Breast Cancer Awareness Month
- National Celiac Disease Awareness Month
- National Dental Hygiene Month
- National Depression Screening Day (8)
- National Domestic Violence Awareness Month
- National Down Syndrome Awareness Month
- National Family Sexuality Education Month
- National Latino AIDS Awareness Day (15)
- National Lupus Awareness Month
- National Mammography Day (15)
- National Spina Bifida Awareness & Spinal Health Month
- Sarcoidosis Awareness Day (4)
- Sudden Infant Death Syndrome Awareness Month
- World Mental Health Day (10)
- World Osteoporosis Day (20)

NOVEMBER
- Child Safety Protection Month
- Gastroesophageal Reflux Disease Awareness Week (22-28)
- Great American Smokeout (19)
- Indian Heritage Month
- Lung Cancer Awareness Month
- National Adoption Week
- National Alzheimer’s Disease Awareness Month
- National Diabetes Month
- National Epilepsy Month
- National Hospice Palliative Care Month
- Pancreatic Cancer Awareness Month
- Pulmonary Hypertension Awareness Month

DECEMBER
- National Hand Washing Awareness Week (6-12)
- World AIDS Day (1)