

# FREE Continuing Medical Education

## Diabetes and Prediabetes in Alabama

Two educational modules are available including:

- 1) **Prediabetes and Diabetes Prevention in Your Practice**
- and
- 2) **Diabetes Screening and Self-Management Education**

Available online at: <http://courses.cme.uab.edu/>

**Up to 2 hours of CME** jointly sponsored by the University of Alabama School of Medicine and the Alabama Department of Public Health.

**Target audience:** Primary care physicians, Residents/Fellows, Physician Assistants, and Nurse Practitioners

**After participating in this CME activity, participants should be able to:**

- 1) Discuss prediabetes and diabetes prevalence in the U.S. and Alabama, risk factors and medical costs
- 2) Review evidence-based approaches to reduce progression of prediabetes to diabetes and for patient education on diabetes
- 3) Describe emerging recommendations on screening for prediabetes and diabetes, diagnostic criteria, and caveats to screening
- 4) Describe Diabetes Self-Management Training/Education programs, reimbursement, and resources available in Alabama

Faculty: Emily Piercefield, MD, MPH, and staff from the Alabama Department of Public Health Bureau of Health Promotion and Chronic Disease.

Contact [cme@uab.edu](mailto:cme@uab.edu) or (205) 934-2687 for additional information.

The University of Alabama School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The University of Alabama School of Medicine designates this enduring material for a maximum of **2 AMA PRA Category 1 Credit(s)**<sup>™</sup>. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the University of Alabama School of Medicine and the Alabama Department of Public Health.

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