Measles 2015: Situational Update, Clinical Guidance, and Vaccination Recommendations

Clinician Outreach and
Communication Activity (COCA)
Webinar
February 19, 2015



Objectives

At the conclusion of this session, the participant will be able to:

- Describe the current measles situation in the United States
- Discuss the clinical presentation of measles and the clinical guidelines for patient assessment and management
- Identify CDC vaccination recommendations
- Outline CDC measles resources available for clinicians

TODAY'S PRESENTER



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Measles 2015: Situational Update, Clinical Guidance, and Vaccination Recommendations

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COCA Call February 19, 2015



Measles and Transmission

- Febrile rash illness caused by measles virus
- Transmitted via respiratory droplets and aerosol
 - spread by coughing and sneezing, close personal contact or direct contact with infected nasal or throat secretions
- Contagious from 4 days before to 4 days after rash onset
- \square R₀ = 12-16 with secondary attack rates in susceptible household contacts ~ 90%

Measles

- □ Prodrome (2-4 days)
 - □ Fever (up to 105°F)
 - Cough, Coryza, and/or Conjunctivitis (the three "C's)
 - Enanthem (Koplik spots)



- □ Rash ~14 days after exposure (range 7-21 days)
 - Maculopapular
 - Spreads from head to trunk to extremities
 - May become confluent
 - ☐ Lasts 5-6 days and fades in order of appearance

Measles Complications

More common in children < 5 years and adults

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Diarrhea

Otitis media

Pneumonia

Encephalitis

Death

Subacute Sclerosing Panencephalitis (SSPE)

Counts

8%

7-9%

1-6%

1 per 1,000 cases

1 -3 per 1,000 cases

1 per 100,000 cases 7-10 years after measles

Measles Annual Disease Burden U.S. Decade Prior to Vaccine (1950s)

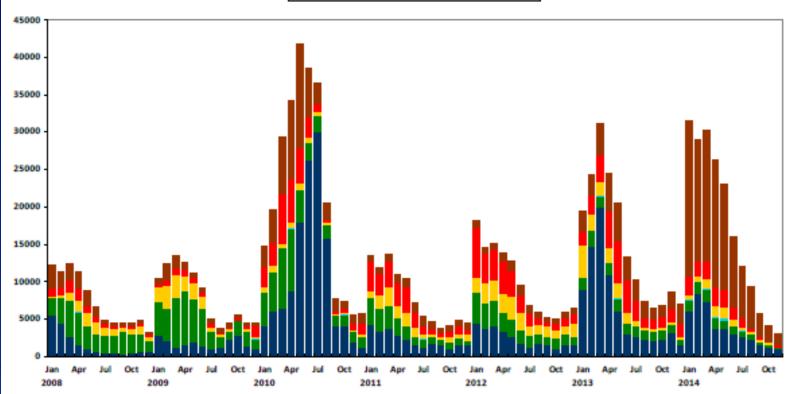
- □ 3-4 million estimated and ~ 500,000 reported cases
- 48,000 hospitalizations
- 4,000 encephalitis cases
- 450-500 deaths

Global Burden of Measles

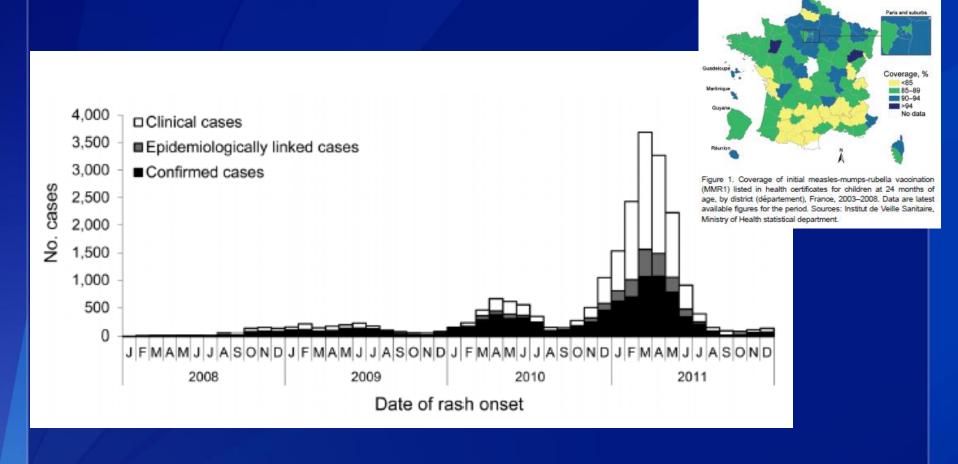
- Deaths
 - Estimated 2.6 million deaths/year in 1980
 - □ 75% decrease in estimated deaths from 2000 to 2013
 - □145,700 deaths in 2013 (~400 deaths/day)
 - □ Remains a leading cause of vaccine preventable deaths in children < 5 years old</p>
- Complications with sequelae include blindness
- Cases
 - Estimated 20 million per year
 - □ 72% decrease in reported measles incidence from 2000 to 2013

Measles Case Distribution by Month and WHO Regions, 2008-2014





Measles Outbreak, France, 2008-2011 (n>20,000, 10 deaths)



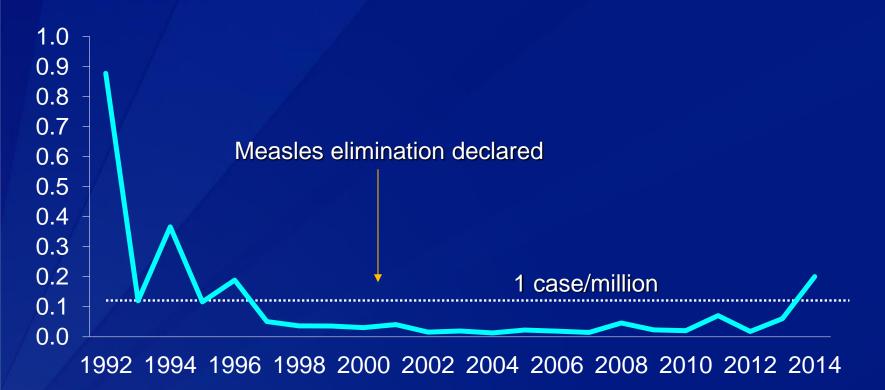
Antona, et al. EID 2013;19:357-364.

Measles Cases, United States, 1962-2014*



Reported Measles Incidence United States, 1992-2014*

Cases/ 100,000



Year

Measles Elimination* in the U.S.

- Declared in 2000 and achieved due to:
 - High two-dose vaccine coverage
 - High quality measles surveillance and response
 - Improved measles control in the World Health Organization Region of the Americas
- Elimination does not mean "gone forever" imported cases and limited spread occur every year

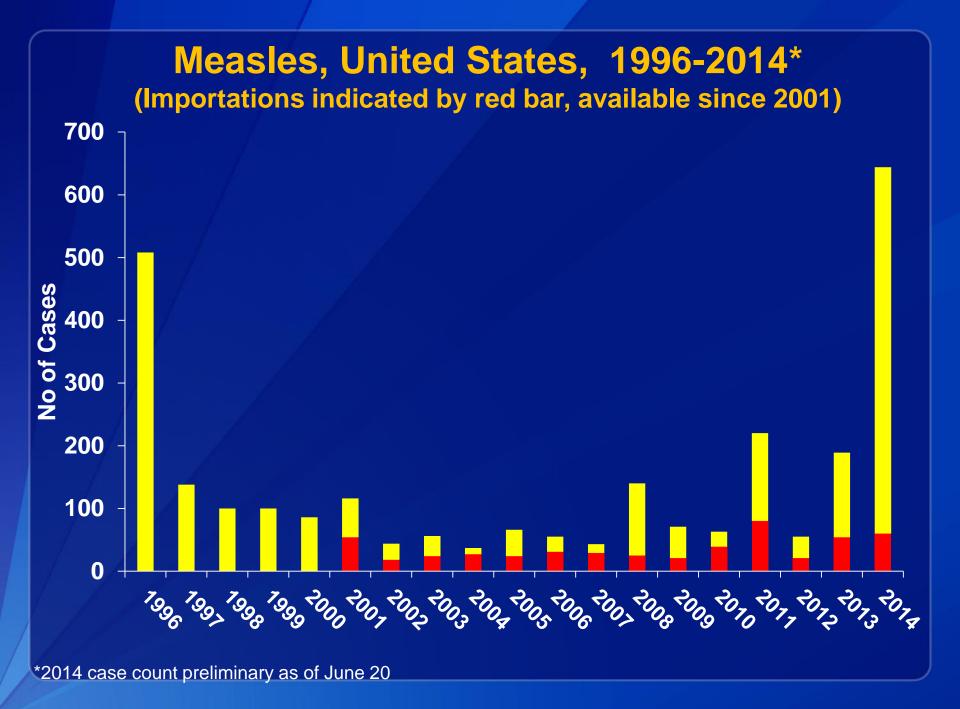
^{*} Defined as interruption of continuous measles transmission for lasting > 12 months

Measles Cases and Incidence by Age and Vaccination Status, U.S. 2001-2008

	US residents						
Age group	Unvaccinated	Vaccinated	Unknown vaccination status	All	Incidence		
<6 months	4 (100)	0	0	4 (1)	0.2		
6-11 months	58 (98)	1 (2)	0	59 (13)	3.5		
12-15 months	24 (80)	3 (10)	3 (10)	30 (7)	2.6		
16 months to 4 years	30 (79)	6 (16)	2 (5)	38 (9)	0.3		
5-9 years	35 (90)	3 (8)	1 (3)	39 (9)	0.3		
10-19 years	71 (78)	18 (20)	2 (2)	91 (21)	0.3		
20-39 years	35 (30)	43 (37)	38 (33)	116 (26)	0.13		
40-59 years	26 (47)	6 (11)	23 (42)	55 (13)	0.08		
⇒60 years	4 (67)	0	2 (33)	6 (1)	0.01		
Total	287 (66)	80 (18)	71 (16)	438	0.14		

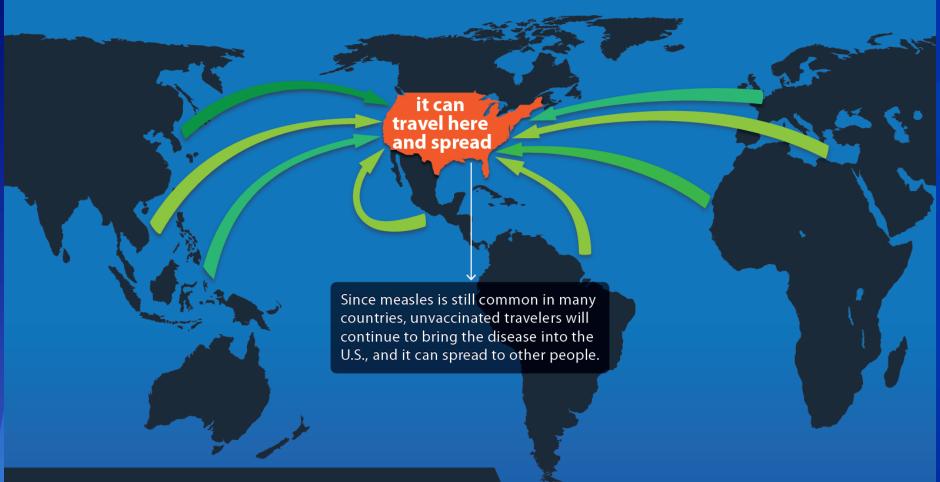


Unvaccinated and traveled abroad



Get Vaccinated: Prevent and Stop Measles Outbreaks

When measles happens anywhere in the world...



Make sure you and your family members are up-to-date on your measles-mumps-rubella (MMR) vaccine, including before traveling internationally. Ask your doctor if everyone has received all recommended doses of MMR for best protection against measles.

www.cdc.gov/features/measles/



U.S. Department of Health and Human Services Centers for Disease Control and Prevention

Measles Epidemiology US, 2001-2011

- Median 60 cases/year (range 37 to 220)
- □ Importations ~ 33/year, majority in US residents
- ~ 25 % cases hospitalized
- 2 deaths in approximately 1,000 cases
- Incidence < 1 case/million population</p>
 - Highest age-specific incidence in infants, lowest in adults
- Vaccination status
 - 65% unvaccinated
 - 20% unknown vaccination status
 - 15% vaccinated
- 4 outbreaks/year (range 2-12)
 - Median size 6 cases (3-34 cases)

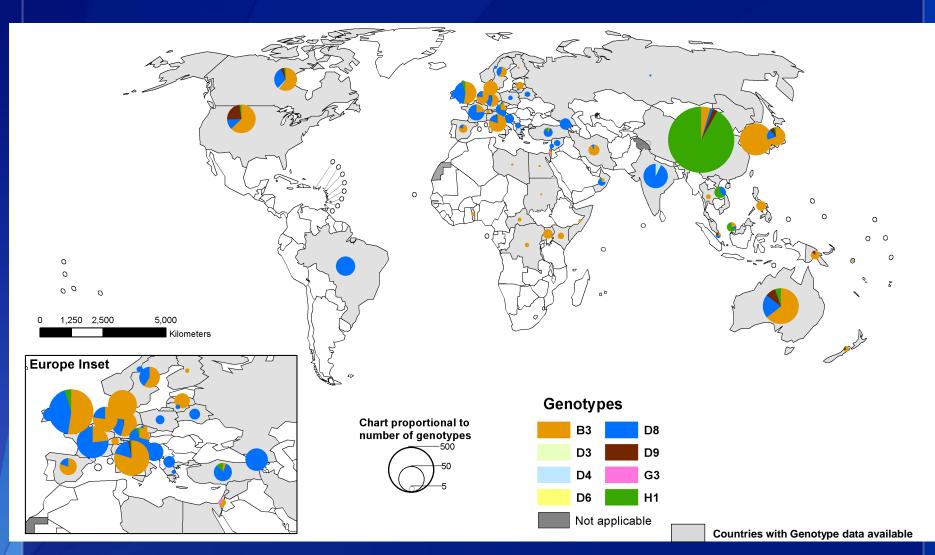


Measles 2011 - 2014

- Reported cases 220, 55, 189, 644
 - Median 205
 - Mean 277
- Importations and Outbreaks

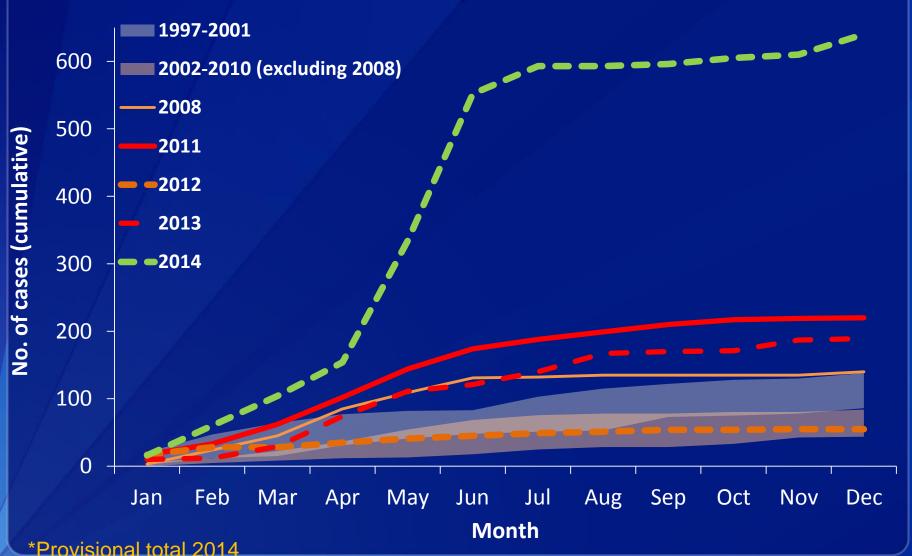
•	2011	80 importations	14 outbreaks	3 – 21 cases
•	2012	21 importations	4 outbreaks	3 - 14 cases
<u>, </u>	2013	54 importations	11 outbreaks	3 - 58 cases
/ •	2014	60 importations	23 outbreaks	3 – 383 cases

Distribution of measles genotypes from Dec-2013 to Nov-2014 (12M period)

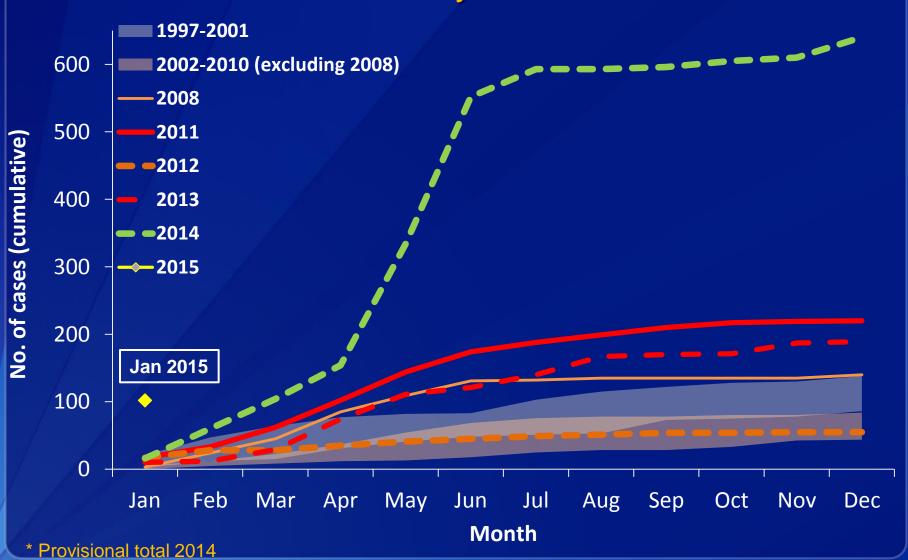












* 2015 data through Jan 30

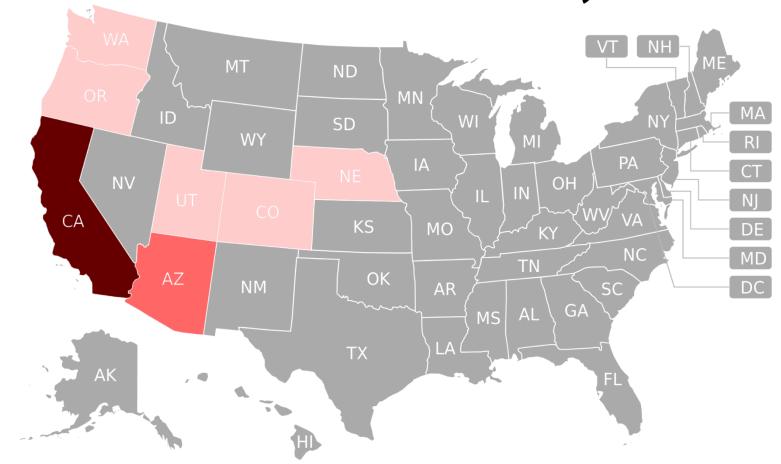
Measles U.S. 2014*

- □ 644 cases reported from 27 states including 23 outbreaks
 - ☐ 60 importations
 - 25 from the Philippines and 9 from India
 - □ 54 (91%) among US residents
 - □ 98% cases import-associated
 - □ 78 cases (12%) hospitalized
- Cases in US residents (N=635)
 - 77% unvaccinated
 - □ 15% unknown vaccination status (most are adults)
 - 8% vaccinated
 - Among unvaccinated
 - 79% were personal belief exemptors
 - 3% travelers age 6 months to 4 years
 - 8% were too young to be vaccinated
 - 10% unknown/misc

Measles, United States, 2014 Source of Importations (N=60)*

WHO Region	# of cases	Countries of travel
African	1	Ethiopia
Eastern Mediterranean	1	Pakistan
European	6	Dubai/Germany/London (1), Republic of Georgia (1), Netherlands (1), France/Belgium (1), Greece (1), Barcelona/Paris (1)
Americas	3	Brazil (1), Canada (1), Chile (1)
South-East Asia	15	India (9), Indonesia (4), Sri Lanka (1), Thailand/S Korea (1)
Western Pacific *provisional data	34	China (4), Philippines (25), Singapore (1), Saipan (1), Vietnam (1), SE Asia/Philippines (1), FSM (1)

U.S. Multi-state Measles Outbreak December 28, 2014 - February 13, 2015



From December 28 to February 13, 2015, 125 people from 7 states [AZ (7), CA (110), CO (1), NE (1), OR (1), UT (3), WA (2)] were reported to have measles and are considered to be part of a large, ongoing outbreak linked to an amusement park in California*.



Cases*:

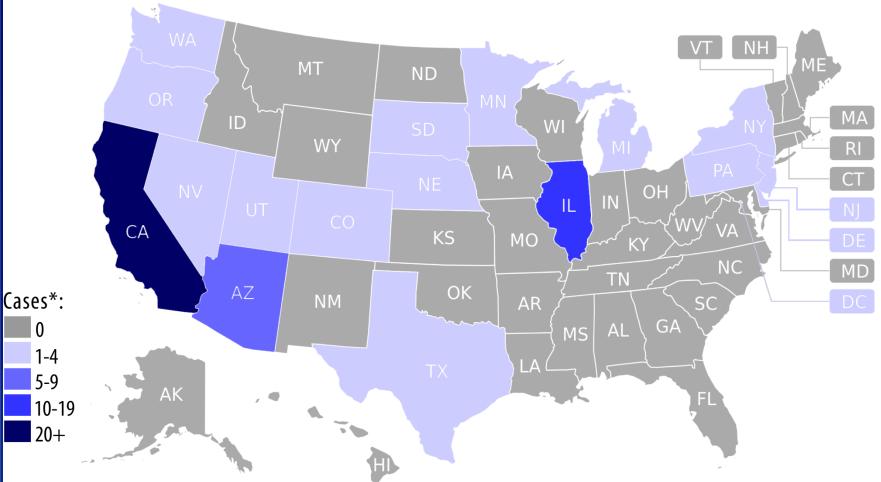
1-4

5-9

10-19 20+

2015 Measles Cases in the U.S.

January 1 to February 13, 2015



From January 1 to February 13, 2015, 141 people from 17 states and Washington DC [AZ (7), CA (98), CO (1), DC (1), DE (1), IL (11), MI (1), MN (1), NE (2), NJ (1), NY (2), NV (4), OR (1), PA (1), SD (2) TX (1), UT (2), WA (4)] were reported to have measles*. Most of these cases are part of a large, ongoing, multi-state outbreak linked to an amusement park in California.

Measles 2015: Other highlights

- Most cases unvaccinated or with unknown vaccination status
- 6 importations from Azerbaijan,
 Indonesia, Qatar, Pakistan,
 Dubai/India, Singapore/Indonesia
- Adult and child cases
- Measles genotypes B3, D8 and D9
- Child care center cases IL
 - 9 confirmed measles cases in babies <
 12 months and one case in an adult
 - Investigation ongoing source?



Measles Outbreaks (>20 cases) United States, 2001-2015*

Year	Outbreak Name	State	# of Cases	Iport Status	Genotype	Setting	1st & last rash onsets	Duration	Median Age	Age Range
2014	Knox County	ОН	383	Imported (Philippines)	D9	Community	3/24/2014 – 7/23/2014	18 weeks	23 y (early) 13 y (late)	2 wks – 53 y
2014/15	Disneyland	CA + 6	125	Imported-virus	В3	Community	12/28/2014 -	Ongoing	19 y	6 mos – 70 y
2013	Brooklyn	NYC	58	Imported (UK)	D8	Household/ community	3/13/2013 – 6/9/2013	13 weeks	10 y (early) 19 mos (late)	0 mos – 32 y
2014	KC Metro	MO/KS (TX/NE)	43	Imported-virus	В3	Community	5/5/2014 – 7/18/2014	11 weeks	21 y	2 wks – 43 y
2005	Tippecanoe County	IN	34	Imported (Romania)	D4	Church/ household	5/16/2005 - 6/24/2005	6 weeks	12 y	9 mos - 49 y
2008	DuPage/Cook County	IL	30	Imported- virus	D4	Homeschool	5/17/2008 - 7/3/2008	7 weeks	10 y	8 mos - 43 y
2014	Manhattan	NYC	25	Imported-virus	В3	Community	2/11/2014 – 3/24/2014	6 weeks	22 y	3 mos – 63 y
2013	Stokes/Orange County	NC	23	Imported (India)	D8	Community	4/5/2013 – 5/7/2013	5 weeks	14 y	12 mos -59 y
2013	Tarrant/Denton County	TX	21	Imported (Indonesia)	D9	Church	7/21/2013 – 8/21/2013	5 weeks	11 y	4 mos – 44 y
2011	Hennepin County	MN	21	Imported (Kenya)	В3	Shelter	2/15/2011 - 4/24/2011	10 weeks	23 m	3 mos - 51 y
2008	Brooklyn/Kings County	NYC	21	Imported (Israel/Belgium)	D4	Community	2/17/2008 – 4/25/2008	10 weeks	15 m	5 mos – 11y

^{*}as of February 13, 2015

Measles outbreak response has a high economic burden in the U.S.

Year	Location	Number of cases (outbreaks	Estimated public health cost*
2011	US	107 (16)	\$2.7-5.3M
2011	Utah	13 (2)	>\$330,000
2008	California	12 (1)	\$125,000
2008	Arizona	14 (1)	\$800,000 (limited to cost for 2 hospitals to respond to 7 cases in their facilities)
2005	Indiana	34 (1)	\$168,000
2004	lowa	1	\$142,000

^{*}Public health and health care costs expended to control the spread of measles

Measles and MMR Vaccines

- Live, viral vaccines
 - Measles vaccine licensed in 1963
 - Combination MMR vaccine licensed in 1971
 - ☐ Only MMR vaccine is available now in the US
- Excellent safety profile with 50+ years use
 - Low risk of febrile seizures in children 12-23 months (1 in 3,000 doses)
 - ☐ Temporary pain/stiffness in joints, mostly in teenage or adult women
 - Temporary low platelet count ITP (~ 1 out of 30,000 doses)
- Vaccine Effectiveness
 - □ 1-dose: ~93%
 - □ 2-dose: ~97%

MMR Vaccine Routine Recommendations*

- Children and adolescents
 - Two doses at 12-15 months and 4-6 years or at least 28 days after the first dose
 - Catch up vaccination as needed
- Adults without evidence of measles immunity
 - Two doses (healthcare personnel, post high school students, travelers)
 - One dose (others)

MMR Vaccine Travel Recommendations

- Persons aged ≥12 months without other evidence of immunity should receive 2 doses*
 - Includes providing a 2nd dose to children prior to age 4-6 yrs
 - Includes adults** who have only received one routine dose in the past
- Children aged 6-11 months should receive 1 dose
 - If vaccinated at age 6-11 months, still need 2 subsequent doses at age ≥12 months

^{* 2}nd dose of MMR vaccine should be administered at least 28 days after the 1st dose

^{**} Born in 1957 or later

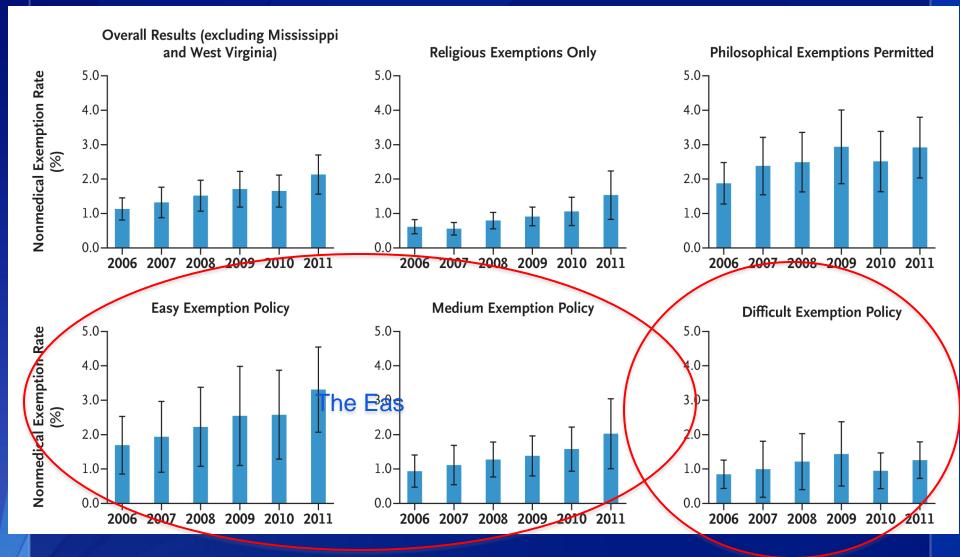
MMR Vaccination Coverage National Immunization Survey, U.S., 1995-2013

■ MMR 1+ (19-35 mo) ■ MMR 2+ (13-17 yr)



NIS data available at http://www.cdc.gov/vaccines/imz-managers/coverage/imz-coverage.html

Mean (95% CI) Rates of Nonmedical Exemptions by Type & Ease of Exemption, 2006–2011, US



Suspected Measles: Diagnosis and Response

- Many U.S healthcare professionals have never seen a case of measles
- Delay in diagnosis contributes to transmission
- Consider measles in differential diagnosis of febrile rash illness
 - e.g. Kawasaki's, Scarlet fever, Dengue
 - □ Travel History or Exposure to Recent Travelers or measles in the local community
 - Especially in an unvaccinated person

Suspected Measles: Diagnosis, Response and Treatment

- Lab testing
 - Serology for IgM
 - □ Viral specimen (nasopharyngeal, oropharyngeal, or nasal swab) for PCR (and genotyping)
 - Acute and convalescent specimens for IgG may be useful, especially in vaccinated cases
- Report immediately to local health department
- Offer vaccine or immune globulin immediately to household members without evidence of immunity

CDC guidance available at CDC Measles Vaccine Guidance

Suspected Measles: Diagnosis, Response and Treatment

- Treat children with severe measles (e.g. hospitalized) with vitamin A
 - □ Administer vitamin A immediately on diagnosis and repeat the next day. The recommended age-specific daily doses are
 - □ 50 000 IU for infants aged <6 months
 - □ 100 000 IU for infants aged 6–11 months
 - **□200 000 IU for children aged ≥12 months**

WHO WER 2009 Measles vaccines WHO position paper http://www.who.int/wer/2009/wer8435.pdf AAP Red Book 2015 (available online)

Public Health Response (for confirmed and suspect cases)

- Isolation of cases
 - Infectious period 4 days prior through 4 days after date of rash onset
- Notification and Surveillance
 - Immediately notifiable to CDC (within 24 hours)
 - Contact CDC Quarantine Station if relevant travel
 - Alert physicians statewide
 - Enhanced measles surveillance
- Contact investigations and response efforts

CDC guidance available at http://www.cdc.gov/vaccines/pubs/surv-manual/chpt07-measles.html

Measles Isolation Guidance

- ☐ If measles is suspected in a clinic, ER or hospital setting, isolate immediately
- Airborne isolation room or private room with the door closed, mask patient if feasible
- Ensure healthcare personnel have evidence of immunity
- In hospital setting, respiratory precautions including N95 masks or PAPR, even for those with evidence of immunity

ACIP and CDC guidance available at http://www.cdc.gov/mmwr/pdf/rr/rr6007.pdf and http://www.cdc.gov/hicpac/pdf/isolation/lsolation2007.pdf

Contact Investigation for Exposure to Measles

- Persons exposed during cases infectious period
 - Includes exposure to area 2 hours after case left
- Establish presumptive evidence of immunity for contacts
- Quarantine of contacts without presumptive evidence of immunity (through 21 days after exposure)
- Postexposure prophylaxis (PEP)
 - Vaccine or Immune globulin (IG)

Presumptive Evidence of Immunity for Measles

Routine	Students at post-high school educational institutions	Health-care personnel	International travelers
(1) Documentation of age-appropriate vaccination with a live measles virus-containing vaccine:	(1) Documentation of vaccination with 2 doses of live measles virus-containing vaccine, or(2) Laboratory evidence	(1) Documentation of vaccination with 2 doses of live measles virus-containing vaccine, or(2) Laboratory evidence	(1) Documentation of age-appropriate vaccination with a live measles virus-containing vaccine:
-preschool-aged children: 1 dose -school-aged children (grades K-12): 2 doses -adults not at high risk: 1 dose, or	of immunity, or (3) Laboratory confirmation of disease, or	of immunity, or (3) Laboratory confirmation of disease, or	 –infants aged 6–11 months: 1 dose –persons aged ≥12 months: 2 doses, or (2) Laboratory evidence
4030, 01	(4) Born before 1957	(4) Born before 1957	of immunity, or
(2) Laboratory evidence of immunity, or(3) Laboratory confirmation of disease,		 should consider 2 doses must provide 2 doses during outbreak response unless 	(3) Laboratory confirmation of disease, or(4) Born before 1957
or (4) Born before 1957		serologic evidence of immunity	

Postexposure Prophylaxis (PEP) MMR Vaccine

- Administer within 72 hours of exposure
 - May return to normal activities (except health care settings)
 - ☐ Still monitor for symptoms
 - Can be given down to age 6 months
 - Be aware of possibility of vaccine rash

2013 ACIP Recommendations at http://www.cdc.gov/mmwr/pdf/rr/rr6204.pdf

Postexposure Prophylaxis (PEP) Immune Globulin

- Administer within 6 days of exposure
- Recommended Dose
 - Intramuscular (IGIM): 0.5 mL/kg (max = 15 mL)
 - Intravenous (IGIV): 400 mg/kg
- Recommended for the following groups (risk of severe disease and complications)
 - □Infants aged <12 months (IGIM)
 - Pregnant women without evidence of immunity (IGIV)
 - Severely immunocompromised patients (IGIV)

CDC guidance available at http://www.cdc.gov/vaccines/pubs/surv-manual/chpt07-measles.html and 2013 ACIP Recommendations at http://www.cdc.gov/mmwr/pdf/rr/rr6204.pdf

Measles In the Postelimination Era

- Measles is due to Failure to Vaccinate
- Measles Elimination is a Global Problem
 - Continued threat of importations
- Measles occurs in the U.S.
- Maintenance of Elimination is Resource Intensive
 - Maintaining vaccine coverage
 - Intensive case/contact investigations
 - Healthcare workers diagnostic skills
 - Advanced laboratory techniques

Up-To-Date Outbreak and Case Information

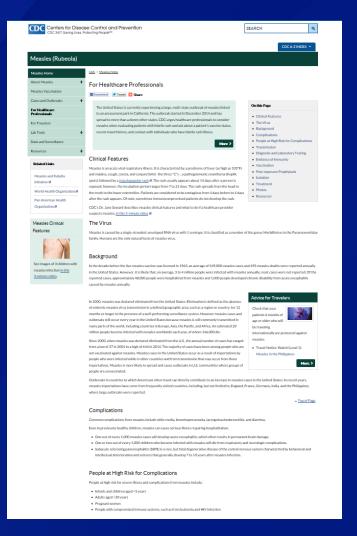


- Updated weekly (on Mondays)
- Map shows measles cases linked to California amusement park outbreak

http://www.cdc.gov/measles/cases-outbreaks.html

Resources for Healthcare Professionals

- Clinical Information
- Complications
- Transmission
- Practice Guidelines
 - Diagnosis
 - Lab testing
 - Isolation & Treatment
- Vaccination Recs
 - Children & Adults
 - International Travelers
- Measles Images



http://www.cdc.gov/measles/hcp/

Resources for Healthcare Professionals

- Webinar: Measles 2014 Update-Clinical Presentation, Outbreaks, Vaccination Recommendations, & Patient Management
 - http://www.vicnetwork.org/ -
- NetConference: Why Measles Matters
 - http://www.cdc.gov/vaccines/ed/ciinc/2014-05-22.html -
- Medscape video: Five minute measles overview
 - http://www.medscape.com/viewarticle/828508 -
- Children with Measles Video
 - http://www.cdc.gov/vaccines/ed/epivac/default.htm (Session 6)

Resources for Healthcare Professionals (cont.)

- CDC Fact Sheets and Resources
 - Fact sheets on measles and MMR vaccine safety to guide discussions with patients and parents
 - http://www.cdc.gov/vaccines/hcp/patiented/conversations/index.html -



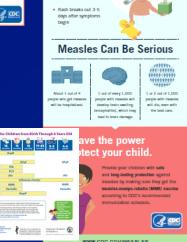
- Banners and Buttons Linking to CDC Clinician Site
 - http://www.cdc.gov/measles/resources/web-buttons.html
- Put CDC's Measles Content for Clinicians on Your Website
 - Easy steps to syndicate CDC's measles information https://tools.cdc.gov/syndication/pages.aspx?topicId=28032 -
 - http://www.cdc.gov/syndication



Resources for the Parents and Caregivers

- Fact sheets, Measles FAQ, Posters
- NEW Infographic and Videos
- Matte/drop-in articles for childcare providers to use in newsletters and e-mails
- Measles Feature
 - http://www.cdc.gov/features/measles/
- Put CDC's Measles Content for the Public on Your Website
 - □ https://tools.cdc.gov/syndication/pages.aspx?topicId=28032
- Resources in Spanish
 - □ http://www.cdc.gov/measles/resources/parents-caregivers.html





Measles

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- Jeanette St Pierre
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- Jessica Allen
- Teresa Smith
- Victoria Carter

Thank You

Questions?

To Ask a Question

- Using the Webinar System
 - "Click" the Q&A tab at the top left of the webinar tool bar
 - "Click" in the white space
 - "Type" your question
 - "Click" ask
- On the Phone
 - Press Star (*) 1 to enter in the queue to ask a question
 - State your name
 - Listen for the operator to call your name

Thank you for joining! Please email us questions at coca@cdc.gov



Centers for Disease Control and Prevention Atlanta, Georgia

http://emergency.cdc.gov/coca

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Where: On the COCA Call webpage

http://emergency.cdc.gov/coca/calls/2014/callinfo_021915.asp

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