

The Bridge Between Maternity Care and Plan First

Our primary goal: Working together to improve birth outcomes.

Effective Care Coordination Is The Bridge Between Maternity Care & Plan First

- 1. Ideally there are 3 Care Coordinator (CC) encounters or visits either face to face or by telephone before the baby is born**
- 2. Baby is born**

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- 3. Postpartum check-up is usually six weeks after the baby's birth**
- 4. Prescription birth control for pills and some of the other methods—1 prescription after the baby is born**
- 5. Mother is in Plan First**

Care Coordinators

- Maternity Care Coordinators will start the process by contacting the Plan First Care Coordinator for her county**
- Care Coordinators will discuss how to submit their Plan First referral forms**

Care Coordinators

- Choices may be:**
 - 1. Electronic Excel spread sheets**
 - 2. Handwritten form mailed to plan first coordinator**
 - 3. Faxed form**
 - 4. Any other form that you can come up with that does the job of getting the maternity recipient bridged to the Plan First coordinator**

Care Coordinators

- Remember HIPPA rules**
- You decide and then start the process!**
- Be sure to let your primary contractor know so that the action plan can be submitted to Medicaid no later than February 2, 2009**

Building The Bridge

- On the first Maternity CC encounter, ask if the recipient has VERIFIABLE INSURANCE
- Is the Mother of the baby 19? Will she be 19 by the time the baby is born? Women 19-55 are eligible for Plan First.

Building The Bridge

- Get some good points of CONTACT
 - EXAMPLES:
 - Father of baby cell number
 - Mother of baby cell number
 - Home phone
 - Grandmothers' numbers
 - Other relatives where the mother of the baby may be staying

- Give the recipient a card with the written name of the Plan First Care Coordinator, a telephone number to call and stress the importance of getting in touch with the Plan First Care Coordinator to touch base. The Maternity CC will DOCUMENT the name of the Plan First CC that you spoke with in the CC notes.
- Emphasize the importance of at least two year spacing between the recipient's children.

- Explain the process for obtaining birth control
- Get a prescription from the delivering health care professional for birth control, until the end of the month in which the 60th postpartum day falls
- Call Plan First Care Coordinator for an appointment
- Make an appointment for the recipient with the Plan First Physician
- You will get birth control from the Plan First Care Coordinator after the 60th postpartum day

Maternity Ideal Situation

