

**Treatment of Resistant Hypertension in the  
African American Population  
Satellite Webcast  
October 20, 2011  
Social Worker Exam**

(Select only the one best answer)

1. The CDC estimates that 68 million people, over the age of 18, have hypertension. Approximately \_\_\_\_\_ of these patients are considered to have resistant hypertension :
  - A) 5-10%
  - B) 20-30%
  - C) 40-50%
  - D) None of the above
  
2. Contributing factors to resistant hypertension include, but are not limited to \_\_\_\_\_ :
  - A) Physical inactivity
  - B) Tobacco use
  - C) Alcohol intake
  - D) Obesity
  - E) All of the above
  
3. White coat syndrome is defined as elevations in blood pressure related to the stress of doctor office visits:
  - A) True
  - B) False
  
4. The use of multidisciplinary teams in the management of resistant hypertension would include \_\_\_\_\_ :
  - A) Primary healthcare providers
  - B) Pharmacists
  - C) Dieticians
  - D) All the above

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