

# Supporting Children's Mental Health Needs

## Satellite Webcast

August 25, 2011

### Social Work CEU Quiz

(Select only the one best answer)

1. This supportive paradigm is broadly used to foster normative coping and accelerate the natural healing process:
  - A) Critical Incident Stress Management
  - B) Rational Emotive Therapies
  - C) Cognitive Behavioral Therapies
  - D) Psychological First Aid
  - E) None of the above
  
2. Addressing what basic needs are optimal before addressing emotional needs:
  - A) Safety and Security
  - B) Food and Shelter
  - C) Communication
  - D) Family reunification
  - E) All of the above
  
3. Potential symptoms of post-disaster adjustment reactions may include :
  - A) Anxiety and trauma-related fears
  - B) Difficulty concentrating
  - C) Substance abuse
  - D) Depression (loss of interest in previously enjoyed activities)
  - E) All the above
  
4. Parents often underestimate symptoms of trauma:
  - A) True
  - B) False

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