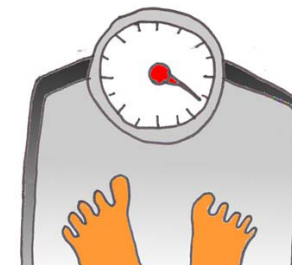


# Caring for Obese Patients in Home Care A Program for Home Care Paraprofessionals

## Satellite Conference and Live Webcast

Wednesday, August 12, 2015, 2:00-4:00 p.m. (Central Time)  
3:00-5:00 p.m. (Eastern) • 1:00-3:00 p.m. (Mountain) • 12:00-2:00 p.m. (Pacific)



## Program Objectives:

When the training is completed, the paraprofessional will be able to:

1. Identify environmental challenges when providing care to the obese patient.
2. Identify ways to improve the obese patients' participation in activities of daily living in the home setting.
3. Discuss the importance of proper nutrition in the well being of home care patients.

## Conference Details:

**Target Audience:** Home health aides, home attendants, and family workers who administer and care for patients in the home setting

**Continuing Education:** None for this program

**Registration:** [www.adph.org/alphn](http://www.adph.org/alphn)

**Technical Information:** To receive complete technical information you must register at [www.adph.org/alphn](http://www.adph.org/alphn).

Program will be available via live satellite (C band analog), webcast, and audio bridge.

**Conference Materials:** Available for ADPH employees approximately one week before the program from the ADPH Home Care Secure Site.

**On Demand** - Available for ADPH employees 2-3 business days after the broadcast from the ADPH Home Care Secure Site.

**Non-ADPH Paraprofessionals** can view live broadcasts but **will not** have access to program materials. A complete packet of the program may be purchased for \$300.

Packet includes: DVD, Handouts, Evaluation, Sign-in Sheet, and Certificate.

Complete the Order Form at: [www.adph.org/alphn](http://www.adph.org/alphn)

**Conference Details Questions?** Call: (800) 225-9770 | Email: [hced@adph.state.al.us](mailto:hced@adph.state.al.us)

Obesity is a major health concern for our country and caring for the obese patient in the home setting can be challenging if safety measures are not followed.

A patient's ability to carry out the activities of daily living may be affected by obesity. Not only is their ability to get around often compromised by their physical restraints, but their safety is also at risk. This program will provide information for the home health aide/homemaker to be better able to provide assistance to the obese patient using safety techniques to prevent falls or injuries. Program faculty will also provide insight into the nutritional aspect of providing care to the obese patient.

## Faculty:

**Barbara Davis, PT**

Rehab Consultant  
Bureau of Home and Community Services

**Julia Sosa, MS, RD, LD**

Director  
Office of Minority Health

Alabama Department of Public Health

\*\*The content of this program is based on the policies and procedures of the Alabama Department of Public Health, Alabama and federal statutes, rules, regulations, and guidelines. Viewers not employed by the ADPH should always check to clarify whether the content is accurate according to the statutes, regulations, and policies of their jurisdiction and agency. \*\*



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