





















How Can We Create a Fellowship Without the Help of Magic or Wizards?

• We can create effective partnerships and coalitions

Joint Efforts – A Word by Any Other Name...

- Network
- Consortium
- Federation
- Partnership
- Advisory Committee
- Task Force
- Alliance

Joint Efforts – A Word by Any Other Name...

- Coalition
 - Group of individuals representing diverse organizations or constituencies who agree to work together to achieve common goals

 Feighery & Rogers, 1990



Why Coalitions Form

- Mandated by funder or lead agency
- Response to opportunity (funding) or threat (disease)
- Enhance limited resources or reduce duplication
- Increase community involvement and dissemination
- Intervene to produce broad, sustained change











Challenges of Coalitions

- Risk losing autonomy, competitive edge, control
- Conflict over goals and methods
- Expend scarce resources – Time, money, data
- Delays in solving problems



Coalition Members Expect More Benefits than Costs

• Time, money, effort



 Change in practices, policies, systems, health

Coalition Track Record

- Community Partnership Program (1997)
- CA Healthy Cities and Communities partnerships (2003)
- CDC Teen Pregnancy Prevention Coalitions (2003)
- SmokeLess States and ASSIST Coalitions (2005)

Coalition Track Record

- Allies Against Asthma Coalitions (2006)
- Pioneering Healthy Communities (2006)
- Strategic Alliance for Health Coalitions (2008)
- ACHIEVE Community Coalitions (2008)
- CPPW Coalitions (2010)





Step One Clarify or Reaffirm Vision and Mission



Step 2 Create Ownership of Coalition

Factors that Build Community Ownership

- Shared focus on outcomes
- Commitment to diversity
- Trust in process
- Feasible, comfortable participation
- Community-identified needs and assets

Factors that Build Community Ownership

- Leadership development opportunities
- Appropriate guidance, training, funds and tools

- Peterson et al, 2006



Step 3 Solidify Coalition Infrastructure and Process



Coalition Resources

- Convener (Lead Agency) and staff
- Leaders
- Members
- Financial and material resources

Coalition Structures

- Vision, mission, and goals statement
- Roles and job descriptions
- Organizational charts
- Steering or executive committees
- Work groups
- Bylaws/guidelines
- Meetings

Coalition Structures

- Documents
 - -Agenda, minutes, rosters
- Communication channels





Processes

- Decision-making
- Problem-solving/conflict resolution
- Orientation and training
- Planning
- Budgeting and fund-raising
- Evaluation



Recruit and Retain an Active, Diverse Membership

High Performing Coalitions

- Share information to build trust and responsibility
- Set expectations that help members achieve own tasks and share responsibility for group tasks
- Use members' time, talents and ideas effectively

High Performing Coalitions

 Build members' empowerment to make decisions that yield great results

> - Blanchard, Randolph & Grazier (2007) Go Team! Take Your Team to the Next Level

Greyhound Metaphor

- Coalition must ensure that:
 - The right people are on bus
 - Recruited
 - -They are sitting in the right seats
 - Roles they are well-suited/ trained for

Greyhound Metaphor

- -The wrong people get off the bus
 - Their attitudes can undermine efforts of others

- Jim Collins, Good to Great, 2001

What Are Members' Responsibilities?

- Participate in developing coalition vision and mission
- Be community ambassadors for coalition
- Recruit other members
 - Secure additional resources

What Are Members' Responsibilities?

- Attend meetings and events
- Provide guidance and feedback to entire coalition
- Implement policy, systems and environmental change strategies



Recruitment Strategies

- Introductory letter
- Face-to-face meeting
- Connection with other organizations
- Contact via community assessments
- Connection via conferences or trainings

Identify Diverse Organizations

- Health/medical
- Government
- Business/labor/employment
- Religious/faith-based
- Local community
- Recreational organizations/facilities
- Nutrition/food services

Identify Diverse Organizations

- Family/children/youth/elderly
- Health advocacy/medical issues
- Professional/trade associations
- Other interest groups

Why Members Leave

- Don't feel included
- Disagree with methods
- Conflict with others
- Unclear about role
- Not seeing results



Retaining and Motivating Members

- Provide training on leadership, facilitation and other skills
- Offer annual retreats to build relationships
- Transport members to meetings/legislative forums

Retaining and Motivating Members

- Invite leaders to conferences/grantee meetings
- Write thank you
 letters/recommendations



Step 5 Develop Transformational Leaders

Competent Coalition Leaders

- Create clear and shared vision
- Build cohesion and community participation
- Increase members' satisfaction and engagement
- Increase efficiency and task
 orientation
- Create effective programs
- Change community and systems

Transformational Leadership Factors

- Charisma, or idealized influence role models with high standards of moral and ethical conduct
- 2. Inspirational motivation communicate high expectations; inspire followers to be committed to shared vision

Transformational Leadership Factors

- 3. Intellectual stimulation stimulate followers to innovate and challenge beliefs of self, leader and organization
- 4. Individualized consideration support/listen to followers and coach them to be actualized or empowered

Bass, 1985



Transformational Leaders

- 1. Let go of things others can do
- 2. Encourage ideas and risk-taking
- 3. Ensure that people have goals and feedback
- 4. Delegate to challenge, develop and empower
- 5. Coach to ensure success

Transformational Leaders

- 6. Reinforce good work and attempts
- 7. Share information, knowledge and skills
- 8. Value, trust and respect each individual
- 9. Provide support without taking over
- 10. Practice what they preach

Transformational Leaders



Mahatma Gandhi











Market Your Coalition

- Clarify coalition's product, its agenda
- Brand the coalition
 - -Logo, mission, byline
- Simplify the message
- Decide who will carry message and how
- Focus on data/accomplishments to build value and credibility



Step 7 Focus on Action

Ensure Successful Strategies

- Coalition has resources to carry out project
- Supported by staff, partners, leaders, and community
- Barriers to implementation
 assessed



Policy, System, and Environmental Change Strategies

• Examples

 Increase healthy food choices in community settings



Policy, System, and Environmental Change Strategies

- Increase farmers markets and community gardens
- Require sidewalks and countdown cross signals
- Promote policies that ensure high quality systems of care
- Promote access to affordable health insurance

Policy, System, and Environmental Change Strategies

 Increase attractive, safe locations for physical activity

- Mandate PE in schools



Policy, System, and Environmental Change Strategies

- Increase opportunities for physical activity before, during and after school
- Develop worksite wellness benefits and policies
- Promote tobacco-free community policies
- Promote alcohol-free campus policies



Effective Coalition Advocacy Works When...

- Cause or issue is 'right'
- Advocates represent power in numbers
- Issues, opposition and climate of opinion about issue is well researched

Effective Coalition Advocacy Works When...

- Advocates are skilled in using advocacy tools (including media)
- Effective strategies/tactics are chosen

Advocacy

 Virginians for a Healthy Future tobacco tax increases (Sept '06, '09); local restaurant smoking bans (Dec '09)







Coalition Evaluation

- Builds capacity within coalition and community
- Determines whether strategies work and outcomes are achieved
- Provides accountability and builds support from community, funders and stakeholders



Coalition Evaluation

- Level 3
 - Health/social status or community change (policy, systems, and environment)
- Level 2
 - -Coalition strategies
- Level 1
 - -Coalition structure or process

Steps to Coalition Success

- 1. Clarify/reaffirm vision and mission
- 2. Create ownership of coalition
- 3. Solidify coalition infrastructure and processes
- 4. Recruit and retain active, diverse membership



Steps to Coalition Success

- 5. Develop transformational leaders
- 6. Market your coalition
- 7. Focus on action and advocacy
- 8. Evaluate your coalition

Coalition Resources

- Butterfoss, FD. <u>Coalitions and Partnerships for Community</u> <u>Health.</u> San Francisco, CA: Jossey-Bass, 2007.
- Coalitions Work
- http://www.coalitionswork.com/tools
- The Community Toolbox
 http://www.ctb.edu
- Community Anti-Drug Coalitions of America (CADCA)
 http://cadca.org/resources
- Democracy Center Advocacy Training & Resources
 http://www.democracyctr.org/advocacy/index/htm
- CDC National Center for Chronic Disease Prevention and Health Promotion.
 - http://www.cdc.gov/diabetes/pubs/factsheets.htm



to see in the world." – Mahatma Gandhi, 1869-1948

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