Produced by the Alabama Department of Public Health
The Alabama Department of Public Health is a partner of the Public Health Training Network

# CARING FOR A BEDBOUND PATIENT

# SATELLITE CONFERENCE AND LIVE WEBCAST

Wednesday, July 8, 2009 2:00-4:00 p.m. (Central Time) 3:00-5:00 p.m. (Eastern) • 1:00-3:00 p.m. (Mountain) • 12:00-2:00 p.m. (Pacific)

atients who are bedbound have special problems and needs. Being immobilized causes problems and changes to all of the body's systems, so home health aides and attendants need to take extra care when assisting these patients. Many of the complications bedbound patients develop as a result of their condition can be prevented with proper care. This program will provide beneficial insight on how to keep your bedbound patients as healthy and comfortable as possible.

### FACULTY:

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### PROGRAM OBJECTIVES:

- 1. Recognize three conditions that could cause someone to become bedbound.
- 2. Know the hazards of immobility.
- 3. Understand how nutrition can affect a bedbound patient.
- 4. Identify ways the Home Aides and Home Health Attendants can help prevent skin break down in a bedbound patient.
- 5. Describe how to move and transfer the bedbound patient.

### **CONFERENCE DETAILS:**

**Target Audience:** Home health aides, home attendants and other professionals and family workers who administer and care for patients in the home setting.

Registration: www.adph.org/alphtn Cost: There is no cost to view. Continuing Education: None

Satellite: C band (analog). Coordinates available

upon registration.

**Webcast:** Watch with RealPlayer or Windows Media Player. Test your computer with the "test connection link" at www.adph.org/alphtn **Audio:** To listen by phone, call 1-888-557-8511.

Audio: To listen by phone, call 1-888-557-851° Enter access code 972-1530 #.

Press # again to listen to the conference.

**On Demand:** Available 2-3 business days after the broadcast from the On Demand page of our site.

**Conference Materials:** Available approximately one week before the program for registered participants.

Conference Details Questions: Call: 334-206-5618

Email: alphtn@adph.state.al.us



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