BEST PRACTICE IN HOME CARE FOR PATIENTS IN PAIN

Satellite Conference and Live Webcast

Wednesday, May 20, 2015, 2:00-4:00 p.m. (Central Time)

3:00-5:00 p.m. (Eastern) *1:00-3:00 p.m. (Mountain) *12:00-2:00 p.m. (Pacific)

Pain is a major factor in recovery from injury or illness. An individual's health, wellness and quality of life are greatly impacted by how they are able to manage pain. Pain has become such an important assessment factor in all clinical settings it is now called the fifth vital sign. Program faculty will identify what pain is and discuss the different types of pain, including how it can be better managed in home health patients. Psychosocial and cultural considerations of patients experiencing pain will also be examined and discussed, along with specific pain medications both over the counter and prescribed.

FACULTY:

Lisa Martin, MSN, RN, A-GPCNP-C, HCS-D Nurse Consultant

Nancy Bishop, RPh Assistant State Pharmacy Director

Renae Carpenter, LCSW, PIP State Social Work Director

Alabama Department of Public Health

PROGRAM OBJECTIVES:

- 1. Identify what pain is and the causes of pain.
- 2. Describe at least two types of treatment for pain.
- 3. Name at least three cultural differences related to pain.
- 4. Describe what the home health nurse can do for a patient with pain.
- 5. List common over the counter and prescribed medications used for pain relief.
- 6. Discuss concerns with common pain medications.
- 7. Discuss the psychosocial considerations for the patient experiencing pain.

CONFERENCE DETAILS:

Target Audience: Nurses, social workers and other professionals who work with home health

and long-term care patients

Continuing Education: Nurses 2 hours, Social Workers 2 hours and Nurse Practitioner Pharmacology 1 hour *Non-ADPH employees are charged a fee to receive CE Certificates. Additional information can be found at www.adph.org/alphtn

Registration: www.adph.org/alphtn

Technical Information: To receive complete technical information you must register at www.adph.org/alphtn *Satellite* - Live satellite conference on C band (analog).

Webcast - Watch with RealPlayer or Windows Media Player. Test your computer with the

"test connection link" at www.adph.org/alphtn

Audio - To listen by phone, call 1-888-557-8511. Enter access code 972-1530 #.

Press # again to listen to the conference.

On Demand - Available 2-3 business days after the live broadcast from the On Demand page of our website.

Conference Materials: Posted on our website approximately one week before the program for registered participants. **Conference Details Questions:** Call: 334-206-5618 | Email: alphtn@adph.state.al.us

