

# CARING FOR PATIENTS WITH PAIN IN HOMECARE

A PROGRAM FOR HOME HEALTH AIDES AND ATTENDANTS



## Satellite Conference and Live Webcast

Wednesday, May 14, 2014, 2:00-4:00 p.m. (Central Time)  
3:00-5:00 p.m. (Eastern) • 1:00-3:00 p.m. (Mountain) • 12:00-2:00 p.m. (Pacific)

### PROGRAM OBJECTIVES:

1. Identify what pain is and what causes the feeling of pain.
2. List two types of pain.
3. Describe at least two types of treatment for pain.
4. Identify at least two pain scales and how to assess for pain.
5. Describe what the Home Health Aide/Home Health Attendant can do for patients with pain.

### CONFERENCE DETAILS:

**Target Audience:** Home health aides, home attendants and family workers who administer and care for patients in the home setting

**Continuing Education:** None for this program

**Registration:** [www.adph.org/alphtn](http://www.adph.org/alphtn)

**Technical Information:** To receive complete technical information you must register at [www.adph.org/alphtn](http://www.adph.org/alphtn).

Program will be available via live satellite (C band analog), webcast, and audio bridge.

**Conference Materials:** Available for ADPH employees approximately one week before the program from the ADPH Home Care Secure Site.

**On Demand** - Available for ADPH employees 2-3 business days after the broadcast from the ADPH Home Care Secure Site.

**Non-ADPH Paraprofessionals** can view live broadcasts but **will not** have access to program materials. A complete packet of the program may be purchased for \$300.

Packet includes: DVD, Handouts, Evaluation, Sign-in Sheet, and Certificate.

Complete the Order Form at: [www.adph.org/alphtn](http://www.adph.org/alphtn)

**Conference Details Questions?** Call: (800) 225-9770 | Email: [hced@adph.state.al.us](mailto:hced@adph.state.al.us)

\*\*The content of this program is based on the policies and procedures of the Alabama Department of Public Health, Alabama and federal statutes, rules, regulations, and guidelines. Viewers not employed by the ADPH should always check to clarify whether the content is accurate according to the statutes, regulations, and policies of their jurisdiction and agency. \*\*



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Pain is often unrecognized and undertreated and the scope of the problem is staggering. Generally, it is assumed that pain negatively affects quality of life and must be vigorously addressed when it occurs. In addition, those who are cognitively impaired are often untreated, and this can lead to behavioral disturbances as these home health clients may not be able to effectively and appropriately communicate their pain or actively participate in daily living activities.

Unfortunately, there are many barriers and myths to effective pain management. Also, elders may underreport pain, being afraid that pain may signal an exacerbation of a disease, such as cancer. Elders may also believe that their pain is a normal consequence of aging or may fear taking medications for pain may cloud their senses. Untreated, an individual may not be able to perform daily routines, may become depressed, or have an overall poor quality of life.

Conference faculty will present information regarding how to work with patients to appropriately identify and discuss pain and discomfort in an effort to achieve the highest quality of life possible for the client, family members and care givers.

### FACULTY:

**Lisa Martin, MSN, RN, A-GPCNP-C**

Nurse Consultant

Bureau of Home & Community Services  
Alabama Department of Public Health