Produced by the Alabama Department of Public Health The Alabama Department of Public Health is a partner of the Public Health Training Network *Sponsored by the Tulane Maternal and Child Health Leadership Training program and the Tulane Prevention Research Center, in collaboration with Yale University's Yale-Griffin Prevention Research Center and the Alabama Public Health Training Network*



Satellite Conference and Live Webcast

Tuesday, April 21, 2015, 10:00-11:30 a.m. (Central Time) 11:00 a.m.-12:30 p.m. (Eastern) • 9:00-10:30 a.m. (Mountain) • 8:00-9:30 a.m. (Pacific)

Dr. David Katz has been a widely supported nominee for the position of U.S. Surgeon General, and has been recognized by Greatist.com as one of the 100 most influential people in health and fitness in the world. He provides expert guidance for lifelong weight control, health and contentment with food. Dr. Katz professes that the writing is on the wall as child obesity is seen as a warning for heart disease. A new study finds striking evidence that children who are obese or have high cholesterol show early warning signs of heart disease. This emerging research equates to not just lives, but also an increasing expense and burden on our health care system. It is projected that by 2018 over 100 million Americans will be obese and we will be spending roughly \$340 billion annually on obesity, a tripling of current levels. And per capita spending will rise from \$361 to over \$1,400 a year!

Dr. Katz will discuss how our American eating habits have changed and what must be done to reclaim our health. The role of the health care provider and educators will be discussed as well as Best Practice programs which can help to reverse the trend and lead to a healthy lifestyle.

FACULTY:

David Katz, MD, MPH Director, Prevention Research Center Yale University School of Medicine

PROGRAM OBJECTIVES:

- 1. Characterize recent trends in obesity and diabetes in children.
- 2. Identify the root causes of epidemic obesity and chronic disease.
- 3. Discuss the potential impact of lifestyle behaviors on the incidence of chronic disease throughout the lifecourse.
- 4. Identify specific programs that show promise in reversing the trends in obesity and related conditions in children.

CONFERENCE DETAILS:

Target Audience: Nurses, Social Workers, Nutritionists, Pediatricians, Physicians, Health Care Providers, School Educators and Administrators, and Public Health Educators **Continuing Education:** Nurses 1.5 hours and social workers 1.5 hours

*Non-ADPH employees are charged a fee to receive CE Certificates. Additional information can be found at www.adph.org/alphtn **Registration:** www.adph.org/alphtn

Technical Information: To receive complete technical information you must register at www.adph.org/alphtn *Satellite* - Live satellite conference on C band (analog).

Webcast - Watch with RealPlayer or Windows Media Player.

Test your computer with the "test connection link" at www.adph.org/alphtn

Audio - To listen by phone, call 1-888-557-8511. Enter access code 972-1530 #. Press # again to listen to the conference. On Demand - Available 2-3 business days after the live broadcast from the On Demand page of our website. **Conference Materials:** Posted on our website approximately one week before the program for registered participants. **Conference Details Questions:** Call: 334-206-5618 | Email: alphtn@adph.state.al.us

The Alabama Department of Public Health is an approved provider of continuing nursing education by the Alabama State Nurses Association, an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation

** The Alabama Department of Public Health is an approved provider of continuing social work education by the Alabama Board of Social Work Examiners. **





PREVENTION RESEARCH CENTER at TULANE UNIVERSITY

