### A Hospital Perspective on Women and Heart Disease

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# Faculty

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## What is the KEY?

Systematic approach to ALL patients

-Men

-Women

### **Jackson Hospital Accreditation**

• Chest Pain Center of Excellence by The Society of Chest Pain Centers

#### Jackson Hospital's Program "Time is Muscle"

• Goal

 All patients presenting to the emergency department with "potential" cardiac symptoms receive an EKG within 10 minutes of arrival

#### Jackson Hospital's Program "Time is Muscle"

- If a "STEMI" (heart attack) is identified, immediate interventions occur to get the patient to the cath lab for life-saving interventions
  - The goal is to have the blocked artery open within 90 minutes of arrival
  - -We are under 60 minutes routinely





# **ICE Team Response**

- What if the patient develops symptoms while in the hospital for another reason?
- Staff trained to institute emergency measures
  - -ICE Team

### **ICE Team Response**

- ICE Team
  - Registered nurses and technicians with special training to identify "STEMI" with EKG done within 10 minutes
  - Patient to get to cath lab immediately for life-saving interventions

# EKG = No Heart Attack

- What if there is no "STEMI" on the EKG?
- Does this mean there is no cardiac problem?
- Does this mean that the patient is not a risk for developing a cardiac problem?
- What now?



#### Risk Stratification Acute Coronary Syndrome

- What is Acute Coronary Syndrome?
  - The term given to a broad spectrum of levels of reduction in blood flow to the coronary arteries
    - The arteries that supply blood and ultimately oxygen to the heart

# Risk Stratification Acute Coronary Syndrome

- Identify the risk for a patient developing a "STEMI" or having cardiovascular disease based on risk stratification
- Several tools designed for this purpose:
  - -Framingham Risk Tool
  - -TIMI Risk Stratification Tool



# What is the KEY?

- Systematic approach to ALL patients
  - -Men
  - -Women

### Jackson Hospital's ACS Program

- Assess if "STEMI" = open artery immediately
- If not "STEMI" = risk stratify and follow established protocols
- Work together with other facilities, MFD, & EMS to assure immediate identification and stratification of ACS patients

### Jackson Hospital's ACS Program

- Educate patients, families, and community on the signs / symptoms of ACS and how to modify their risk factors
- Continually monitor progress, improve processes as they are identified

# Questions

Visit our website for on-line education

# www.jackson.org