Produced by the Alabama Public Health Training Center in partnership with the Alabama Department of Public Health

Inequities in Food Security Across the Lifespan: Cultural and Geographic Issues

Satellite Conference and Live Webcast Wednesday, February 1, 2012 12:00-1:30 p.m. (Central Time)

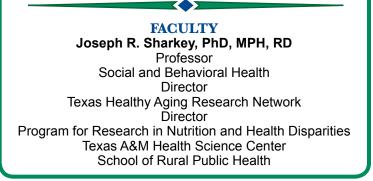
1:00-2:30 p.m. (Eastern) • 11:00 a.m.-12:30 p.m. (Mountain) • 10:00-11:30 a.m. (Pacific)

he World Food Summit says food security exists when all people, at all times, have physical and economic access to enough safe and nutritious food to meet their dietary needs and food preferences for an active and healthy lifestyle. While the concept seems relatively simple enough, the fact is, social determinants like poverty, gender, and the environment all affect how people obtain their food, which means some populations' dietary needs are not being met. Program faculty will discuss how this lack of access to nutritious food leads to critical health problems, and they will also provide insight on how to balance the inequities.



PROGRAM OBJECTIVES

- 1. Define food security in a cultural and geographical context.
- 2. Discuss the importance of food security status in maintaining nutritional health across the lifespan.
- Describe the importance of understanding contextual influences on food security and healthy eating.
- 4. Describe opportunities and barriers that affect low-income populations in underserved and poor areas.
- 5. Describe strategies for measuring food security across the lifespan.



CONFERENCE DETAILS:

Target Audience: Nurses, social workers, dietitians, public health educators, those working with underserved populations **Continuing Education:** Nurses 1 hour, Social Workers 1 hour, and Dietitians 4 hours **Registration:** www.adph.org/alphtn

- **Technical Information:** To receive complete technical information you must register at www.adph.org/alphtn. **Satellite** Live satellite conference on C band (analog).
 - Webcast Watch with RealPlayer or Windows Media Player. Test your computer with the "test connection link" at www.adph.org/alphtn.
 - Audio To listen by phone, call 1-888-557-8511. Enter access code 972-1530 #. Press # again to listen to the conference.

On Demand - Available 2-3 business days after the live broadcast from the On Demand page of our website. Conference Materials: Posted on our website approximately one week before the program for registered participants. Conference Details Questions: Call: 334-206-5618 | Email: alphtn@adph.state.al.us

The Alabama Department of Public Health is an approved provider of continuing nursing education by the Alabama State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation

The Alabama Public Health Training Center is a partnership of the state health departments in Alabama, Louisiana, and Mississippi, and the School of Public Health at UAB with funding from the Health Resources and Services Administration, DHHS