

# Caring for the Patient with Urinary Incontinence

## A Program for Home Care Paraprofessionals

### Satellite Conference and Live Webcast

Wednesday, January 28, 2015, 2:00-4:00 p.m. (Central Time)  
3:00-5:00 p.m. (Eastern) • 1:00-3:00 p.m. (Mountain) • 12:00-2:00 p.m. (Pacific)

### PROGRAM OBJECTIVES:

1. Name and define the types of urinary incontinence (UI).
2. Describe symptoms and causes of UI.
3. List ways UI affects our Home Health patients.
4. List ways the Home Health Aide can help a patient with UI.

### CONFERENCE DETAILS:

**Target Audience:** Home Health Aides, home attendants, and family workers who administer and care for patients in the home setting

**Continuing Education:** None for this program

**Registration:** [www.adph.org/alphntn](http://www.adph.org/alphntn)

**Technical Information:** To receive complete technical information you must register at [www.adph.org/alphntn](http://www.adph.org/alphntn).

Program will be available via live satellite (C band analog), webcast, and audio bridge.

**Conference Materials:** Available for ADPH employees approximately one week before the program from the ADPH Home Care Secure Site.

**On Demand** - Available for ADPH employees 2-3 business days after the broadcast from the ADPH Home Care Secure Site.

**Non-ADPH Paraprofessionals** can view live broadcast but **will not** have access to program materials. A complete packet of the program may be purchased for \$300.

Packet includes: DVD, Handouts, Evaluation, Sign-in Sheet, and Certificate.

Complete the Order Form at: [www.adph.org/alphntn](http://www.adph.org/alphntn)

**Conference Details Questions?** Call: (800) 225-9770 | Email: [hced@adph.state.al.us](mailto:hced@adph.state.al.us)



Urinary Incontinence (UI) is the loss of bladder control. This can be caused by any number of reasons, but most typically it is due to muscles in the pelvis that are either too weak or too active.

It becomes more common with age and is two times as likely to occur in women as with men. For the home health patient, incontinence can often lead to serious skin problems, ulcers, or the caregiver's inability to maintain the patient at home. Many times there are simple interventions which can help control symptoms to help delay or limit the use of costly diapers.

Surgical interventions may also be delayed or prevented with proper diagnosis and treatment. For the Home Health Aide or caregiver, improved patient outcomes can be achieved by understanding more about UI, including the types, causes and interventions. Program faculty will name and define the different types of UI. Faculty will also discuss the causes and symptoms of UI, along with ways that a Home Health Aide can help a patient with UI.

### FACULTY:

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Nurse Consultant

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\*\*The content of this program is based on the policies and procedures of the Alabama Department of Public Health, Alabama and federal statutes, rules, regulations, and guidelines. Viewers not employed by the ADPH should always check to clarify whether the content is accurate according to the statutes, regulations, and policies of their jurisdiction and agency. \*\*



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